

Computer Program

All students will use computer applications to gather and organize information and to solve problems.

- Spreadsheets—sort, filter, formulas
- Safe computer usage.
- Writing samples—use advanced features of Word
- PowerPoint presentations
- Database
- NJTAP-IN
- E-Portfolios
- Diabetes Walk
- Patriots Pen
- Environmental Club Poster
- Student of the Week



Welcome to Bayshore's Health, Physical Education, and Computer Programs



Physical Education and Sports

Requirements

Students must ...

1. Be on time to locker room and gym.
2. Lock up all personal belongings.
3. Have a complete change of clothes.
4. Have acceptable behavior in locker room and gym.
5. Exercise and stretch while participating in gym.
6. **Must participate in activity, unless they have a doctor's note.**
7. Have good attitude and sportsmanship.
8. No jewelry may be worn during gym class.
9. New earrings must be reported to the nurse. Using the form provided by nurse, the instructions must be followed.
10. **Gum Chewing is not allowed in school.**
11. Come to class prepared and ready to participate. Please see your teacher **after you have dressed for gym** with any excuses or problems
12. A parent can excuse a student from Physical Education for **one day**. If a student needs to be excused from Physical Education for longer than one day, a written doctor's note must be filled in the Health Office.

Physical Education Topics

Fall

- Soccer
- Football
- Outside Games
- Field Hockey
- Fitness
- Lacrosse

Winter

- Basketball
- Volley Ball
- Indoor Soccer
- Floor Hockey
- Badminton
- Group Games
- Fitness
- Fitness Testing
- Ping Pong
- Speedball
- Cooperative Games

Spring

- Softball
- Track/Field
- Soccer
- Frisbee
- Fitness

Fitness Mondays

Fun Fridays

Student of the Week

Health Topics

Curriculum Units Grades 6-8

Subtopics will vary according to grade level

Personal Health

Decision Making

Substance Abuse Prevention

Relationships and Sexuality

Adaptive to Physical Education, Health, and Computers

Sports

Fall Sports

Girls/Boys XC 6th-8th

Girls/Boys Soccer 7th-8th

Girls Field Hockey 7th-8th

Winter Sports

Girls/Boys Basketball 7th-8th

Wrestling 6th-8th

Cheerleading 7th-8th

Spring Sports

Girls Softball 7th-8th

Boys Baseball 7th-8th