

Community Resource Series

Provided by the Guidance Departments and Student Assistance Counselors
of the Middletown Township High Schools

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CPC Behavioral Health

Mission Statement: “To provide behavioral health and education services that promote wellness, recovery and productive lives.”

Children & Adolescents

“CPC offers a system of care for children, adolescents and families that include a variety of treatment and programs. Each family works with their treatment team to create an individualized plan that meets their unique needs. CPC works with children and families who are experiencing problems ranging from: depression, anxiety, ADHD, OCD, mood disorders, trauma, oppositional defiant disorder, family conflict, school refusal, self-harm, substance abuse and co-occurring disorders, among others.

Services for children and families are offered at the following locations, Helen Herrmann Counseling Center in Red Bank, and at the Freehold Counseling Center. CPC also runs a school for special education for both elementary and adolescent aged children at its High Point Campus located in Morganville, NJ.

Children's Mobile Response and Stabilization Services are also available and located at the Helen Herrmann Counseling Center in Red Bank.

[CPC] accepts most insurance companies and offer subsidies for those who qualify. To determine if CPC accepts your insurance or to find out if you qualify for subsidized care, call the Access Center.”

All information provided in this newsletter was retrieved from www.cpcbehavioral.org.

Programs for Adults

“CPC offers its adult clients a system of care that includes a variety of services and programs. Each person works with their treatment team to create an individualized plan that meets their unique needs. CPC works with adults who experience problems ranging from depression, anxiety, PTSD, mood disorders, bi-polar disorder, co-occurring disorders, trauma, substance abuse issues, among others. Clients are partners in their healthcare, with their own unique set of strengths and goals. They work with their treatment team to design the best program for their own recovery.

Services for adults are offered at the Freehold Counseling Center, Helen Herrmann Counseling Center in Red Bank, and the Aberdeen Counseling Center. We accept most insurance companies and offer a subsidy for those who qualify. To determine if CPC accepts your insurance or to find out if you qualify for subsidized care, call the Access Center.”

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