



Visiting Nurse Association
of Central Jersey

FREE Bereavement Support Group 'Adults Grieving Parents' Group

The Bereavement Support Group provides a comforting, supportive environment and opportunity to bond, share feelings and learn techniques for dealing with grief.

The support group will meet on six Saturday mornings and is open to adults who are grieving the death of a parent. Once the group has been formed, no new members will be admitted.

DATES: Feb 7, Feb 21, Mar 7, Mar 21, Apr 18, May 2

TIME: 9:30 am – 11:00 am

PLACE: VNA of Central Jersey Bereavement Room,
176 Riverside Avenue, Red Bank, NJ

LED BY: Rosemarie Reilly, MA, Certified Bereavement
Counselor, VNA of Central Jersey Hospice Program

Ms. Reilly has provided bereavement counseling and support to groups for over 20 years. Participation in the group is open to the public and is not restricted to families or friends of hospice patients. For more information or to register, please call the VNACJ hospice headquarters at 732-493-2220, extension 4641.