



Visiting Nurse Association
of Central Jersey

FREE Adult Bereavement Support Group

The Bereavement Support Group provides a comforting, supportive environment and opportunity to bond, share feelings and learn techniques for dealing with grief.

The support group will meet on eight Thursday evenings. The group is open to adults who have experienced the death of a loved one. Once the group has been formed, no new members will be admitted.

DATES: Feb 12, Feb 16, Mar 12, Mar 26, Apr 9, Apr 23,
May 14, May 28

TIME: 6:30 pm – 8:00 pm

PLACE: VNA of Central Jersey Bereavement Room
176 Riverside Avenue
Red Bank, NJ

LED BY: Rosemarie Reilly, MA, Certified Bereavement
Counselor, VNA of Central Jersey Hospice Program

Ms. Reilly has provided bereavement counseling and support to groups for over 20 years. Participation in the group is open to the public and is not restricted to families or friends of hospice patients. For more information or to register, please call the VNACJ hospice headquarters at 732-493-2220, extension 4641.