



New Monmouth School
121 New Monmouth Road, New Monmouth, New Jersey 07748
(732) 671-5317
Fax (732) 671-3540

Karen L. Bilbao
Superintendent

Linda S. Chadwick
Principal

MIDDLETOWN TOWNSHIP INFLUENZA NOTICE

Now that the flu season is unfolding, please be vigilant about reinforcing your child's practices with cough and secretion etiquette. This includes the use of tissues to cover coughs and trap nasal secretions. Children should be reminded to wash hands frequently and/or use hand sanitizers.

How do you know if your child has the flu?

Your child may have flu if he or she exhibits some or all of these symptoms. The child should remain home until there is no fever for 24 hours without the use of anti-fever medicine.

fever*

headache

cough

chills

sore throat

fatigue

runny or stuffy nose

sometimes diarrhea and vomiting

body aches

*** It's important to note that not everyone with flu will have fever**

<http://www.cdc.gov/h1n1flu/qa.htm>

Additionally, if your child has copious, continuous, uncontrollable nasal discharge, this increases the risk of exposure to possible illness to other children and staff. Please keep your child at home until the secretions are more controlled and can be contained, even if all other symptoms have subsided.

PLEASE BE RESPECTFUL OF OUR PROFESSIONAL NURSING STAFFS' JUDGEMENT AS TO CHILDREN'S EXCLUSION FROM SCHOOL BASED ON SYMPTOMOLOGY. IF YOUR CHILD IS IN SCHOOL AND EXHIBITING ANY OF THE ABOVE SYMPTOMS, YOU WILL BE CALLED TO PICK UP YOUR CHILD IMMEDIATELY. THE CHILD WILL RETURN TO SCHOOL ONLY BASED ON THE SCHOOL NURSE'S PROFESSIONAL JUDGEMENT. MIDDLETOWN SCHOOL DISTRICT HAS THESE PRACTICES IN PLACE WITH THE SAFETY OF ALL CHILDREN IN MIND.