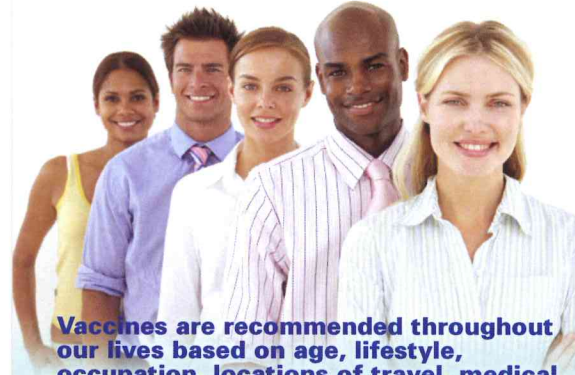


## Vaccine Information:



Vaccines are recommended throughout our lives based on age, lifestyle, occupation, locations of travel, medical conditions, and previous vaccines:

- ❖ The flu vaccine is recommended annually for everyone 6 months of age and older.
- ❖ Childhood vaccines protect against 14 serious diseases: diphtheria, tetanus, pertussis (whooping cough), polio, measles, mumps, rubella, *Haemophilus influenzae* type b (Hib), hepatitis B, varicella, pneumococcal disease, hepatitis A, rotavirus, and influenza.
- ❖ Preteens and teens should receive vaccines to protect against tetanus, diphtheria, and pertussis (Tdap), human papillomavirus (HPV), meningococcal disease, and the seasonal flu. Health care providers should make sure adolescents are up-to-date with ALL of the recommended vaccines they might have missed as a child.
- ❖ Vaccines are recommended for adults to prevent diseases such as shingles, pneumococcal disease, hepatitis, and whooping cough.
- ❖ Every adult should get the Tdap vaccine once. Women should receive the vaccine *each time they are pregnant* to protect their babies against whooping cough. Adults should receive a Td booster shot every 10 years. Tdap may be given as one of these boosters if the individual has not already gotten a dose.

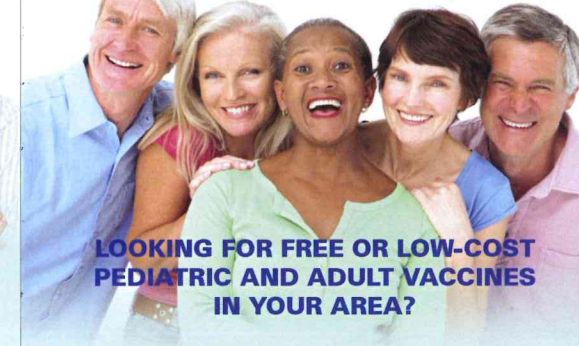
For more information:  
[www.cdc.gov/vaccines](http://www.cdc.gov/vaccines)



C2223

# VACCINES

## HELP PROTECT YOURSELF AND OTHERS



LOOKING FOR FREE OR LOW-COST  
 PEDIATRIC AND ADULT VACCINES  
 IN YOUR AREA?

**CALL TODAY!**

### MONMOUTH

Monmouth County Regional Health  
 Commission #1  
 1540 West Park Avenue  
 Ocean, NJ 07712  
 732-493-9520

VNACJ Community Health Center, Inc.  
 Keyport Location  
 35 Broad Street  
 Keyport, NJ 07735  
 732-888-4149

Monmouth County Health Department  
 Immunization Clinic  
 3000 Kozlowski Road  
 Freehold, NJ 07728  
 732-294-5458 or 732-431-7456  
 ext. 7658

VNACJ Community Health Center, Inc.  
 Red Bank Location  
 176 Riverside Avenue  
 Red Bank, NJ 07701  
 732-219-6620

VNACJ Community Health Center, Inc.  
 Keansburg Location  
 100 Main Street  
 Keansburg, NJ 07734  
 732-787-1250

Parker Family Health Center  
 211 Shrewsbury Avenue  
 Red Bank, NJ 07701  
 732-212-0777

VNACJ Community Health Center, Inc.  
 Asbury Park Location  
 1301 Main Street  
 Asbury Park, NJ 07712  
 732-774-6333

Monmouth Family Health Center  
 270 Broadway  
 Long Branch, NJ 07740  
 732-923-7100 or 732-413-2030

### OCEAN

Ocean County Health Department  
 175 Sunset Avenue  
 Toms River, NJ 08755  
 732-341-9700

Ocean Health Initiatives, Inc.  
 Lakewood Health Center  
 101 Second Street  
 Lakewood, NJ 08701  
 732-363-6655

Long Beach Island Health  
 Department  
 9306 Long Beach Boulevard  
 Long Beach Township, NJ 08008  
 609-492-1212

Ocean Health Initiatives, Inc.  
 Toms River Health Center  
 301 Lakehurst Road  
 Toms River, NJ 08755  
 732-363-6655 or 732-552-0377

Center for Health Education,  
 Medicine, and Dentistry  
 1771 Madison Avenue  
 Lakewood, NJ 08701  
 732-364-2144

Ocean Health Initiatives, Inc.  
 Clifton Avenue Grade School  
 625 Clifton Avenue  
 Lakewood, NJ 08701  
 732-363-6655

Ocean Health Initiatives, Inc.  
 Manahawkin Health Center  
 333 Haywood Road  
 Suite B  
 Manahawkin, NJ 08050  
 732-363-6655 or 609-489-0110

Ocean Health Initiatives, Inc.  
 Manchester Health Center  
 Lakehurst Circle Center II  
 686 Route 70  
 Lakehurst, NJ 08733  
 732-408-1261 or 732-363-6655

