

# MIDDLETOWN TOWNSHIP PUBLIC SCHOOLS

900 Nut Swamp Road, Middletown, NJ 07748

[www.middletownk12.org](http://www.middletownk12.org)

(732) 706-6111

Fax (732) 706-8058

William O. George III, Ed.D.  
*Superintendent of Schools*

Devyn Orozco  
*Director of Science, Health & Physical Education*

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September, 2020

Dear Parent/Guardian:

The following is an outline of the units covered this year in your child's Health Curriculum. The units are designed to provide students with the information, decision-making skills and attitudes that will encourage thoughtful and responsible behavior.

If you choose not to have your son/daughter participate in any portion of a unit, you must complete a "Request to be Excused" form which is available in the main school office. If you wish to discuss these units, please call your child's school for an appointment.

## CURRICULUM UNITS – KINDERGARTEN

### I. Wellness

- Body Parts and Systems
- Health Care Professionals
- Healthy Habits
- Personal Feelings

### III. Healthy Decisions

- Food Choices
- Decision-making Skills

### II. Safety

- Home and School Hazards
- Fire Safety
- Strangers
- Vehicles, Bicycles, Pedestrians

### IV. Social Relationships

- Bullying
- Friends
- Divorce
- Conflict Resolution and Stress

Sincerely,



Devyn Orozco