

# Middletown School District Telehealth Services During School Closing

## Counseling & Community Agencies

### **Brighter Living LLC**

Red Bank, NJ

[www.therapyredbank.com](http://www.therapyredbank.com)

732-219-9002

### **High Focus Centers**

Freehold, NJ

[www.highfocuscenters.com](http://www.highfocuscenters.com)

1-800-877-3628

### **Inner Clarity, LLC**

**Hazlet, NJ**

Inner Clarity is offering a free support group for anyone on the front lines coping with COVID-related stress.

[www.innerclarityllc.com](http://www.innerclarityllc.com)

732-639-0232

### **Innerspace Counseling**

Old Bridge, NJ

[www.innerspacecounseling.com](http://www.innerspacecounseling.com)

732-332-8270

### **Lighthouse Counseling**

Eatontown, NJ

[www.lcsnj.com/](http://www.lcsnj.com/)

732-380-1575

### **Pride Counseling NJ**

Little Silver, NJ

[www.pridecounselingnj.com](http://www.pridecounselingnj.com)

732-784-854

**Navesink Counseling Associates**  
Red Bank, NJ  
[www.navesinkcounseling.com](http://www.navesinkcounseling.com)  
732-299-8040

**NJ Center for the Healing Arts**  
Red Bank, NJ  
[www.njcha.org](http://www.njcha.org)  
732-747-2944 or 732-747-8118

**NJ Children's System of Care, PeformCare**  
[www.performcarenj.org](http://www.performcarenj.org)  
1-877-652-7624  
Provides free services

**The Therapy Institute**  
Shrewsbury, NJ  
[www.TheTherapyInstituteNJ.com](http://www.TheTherapyInstituteNJ.com)  
732-221-6418

**YMCA Counseling & Social Services**  
Matawan, NJ  
[www.ymcanj.org](http://www.ymcanj.org)  
732-290-9040

## **Individual Therapists**

**George Asfendis, PsyD**

Colts Neck, NJ

[www.coltsneckconsultinggroup.com](http://www.coltsneckconsultinggroup.com)

732-649-6338

**Ellen Bloom-Rau, LCSW**

Middletown, NJ

[www.psychologytoday.com/us/therapists/nj/red-bank/266237?sid=5e89d34f7919c&ref=14&rec\\_next=201&tr=ResultsName](http://www.psychologytoday.com/us/therapists/nj/red-bank/266237?sid=5e89d34f7919c&ref=14&rec_next=201&tr=ResultsName)

908-386-4310

**Felicia Etuke, PhD, LPC, LCADC**

Aberdeen, NJ

[www.graceaboundscounseling.com](http://www.graceaboundscounseling.com)

732-876-9927

**Bill Frankenstein, PhD.**

Red Bank, NJ

732-530-9339

**Neil A Glassman, LCSW**

Morganville, NJ

[www.psychologytoday.com/us/therapists/neil-a-glassman-morganville-nj/193048](http://www.psychologytoday.com/us/therapists/neil-a-glassman-morganville-nj/193048)

732-800-0589

**Ellen Gregory, LMFT**

Old Bridge, NJ

[www.psychologytoday.com/us/therapists/nj/old-bridge/729462?sid=5e89d04179eed&ref=2&tr=ResultsName](http://www.psychologytoday.com/us/therapists/nj/old-bridge/729462?sid=5e89d04179eed&ref=2&tr=ResultsName)

848-999-5771

**Aida Hernandez, LPC**

Oakhurst, NJ

<https://aidahernandezlpc.com/>

732-962-6892

**Tim Kircher, LCSW**  
Shrewsbury, NJ  
[www.healthymindsnj.com](http://www.healthymindsnj.com)  
732-955-4196

**Samantha Kellar, LPC**  
Red Bank, NJ  
973-287-4732

**Stacy Liss, LCSW**  
Red Bank, NJ  
[www.psychologytoday.com/us/therapists/nj/red-bank/132431?sid=5e89d34f7919c&ref=2&rec\\_next=101&tr=ResultsName](http://www.psychologytoday.com/us/therapists/nj/red-bank/132431?sid=5e89d34f7919c&ref=2&rec_next=101&tr=ResultsName)  
732-372-0985

**Neal Louis Fleischman, LMFT**  
Freehold, NJ  
[www.neuronj.com](http://www.neuronj.com)  
848-207-2355

**David N. Lipton, PhD**  
Red Bank, NJ  
[www.psychologytoday.com/us/therapists/nj/red-bank/40893?sid=5e89d34f7919c&ref=9&rec\\_next=41&tr=ResultsName](http://www.psychologytoday.com/us/therapists/nj/red-bank/40893?sid=5e89d34f7919c&ref=9&rec_next=41&tr=ResultsName)  
732-408-3197

**Jamie Malone, LPC**  
Red Bank, NJ  
[www.insightcounselingnj.com](http://www.insightcounselingnj.com)  
732-977-0375

**Tiffany Miller, LPC**  
Old Bridge, NJ  
[www.psychologytoday.com/us/therapists/nj/old-bridge/384742?sid=5e89d04179eed&ref=4&tr=ResultsRow](http://www.psychologytoday.com/us/therapists/nj/old-bridge/384742?sid=5e89d04179eed&ref=4&tr=ResultsRow)  
732-479-8749

**Madeline Muise, LCSW, LMFT**  
Red Bank, NJ  
[www.njmediationandtherapy.com](http://www.njmediationandtherapy.com)  
732-530-2951

**Meredith O'Brien, LCSW**  
Red Bank, NJ  
[www.meredithobrienlcsw.com](http://www.meredithobrienlcsw.com)  
732-977-9729

**Carol Ann Oberle, LCSW**  
Little Silver, NJ  
[www.caroloberle.com](http://www.caroloberle.com)  
732-933-8370

**Lauren Pellizzi, LPC**  
Red Bank, NJ  
[www.anxietytherapyredbank.com](http://www.anxietytherapyredbank.com)  
732-587-6656

**Julie Riccio Lynch, LCSW**  
Red Bank, NJ  
[www.psychologytoday.com/us/therapists/nj/red-bank/138500?sid=5e89d34f7919c&ref=18&rec\\_next=21&tr=ResultsName](http://www.psychologytoday.com/us/therapists/nj/red-bank/138500?sid=5e89d34f7919c&ref=18&rec_next=21&tr=ResultsName)  
732-416-7699

**Anastasia Romano, LCSW**  
Montclair, NJ  
[www.psychologytoday.com/us/therapists/anastasia-romano-montclair-nj/492984](http://www.psychologytoday.com/us/therapists/anastasia-romano-montclair-nj/492984)  
862-263-9799

**Patricia Steen, PhD**  
Red Bank, NJ  
732-530-9330

**Susan St.Germaine, LCSW, LCADC**

Shrewsbury, NJ

[www.psychologytoday.com/us/therapists/susan-stgermaine-lcsw-shrewsbury-nj/9574](http://www.psychologytoday.com/us/therapists/susan-stgermaine-lcsw-shrewsbury-nj/9574)

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732-587-7932

**Matthew Strobel, Psy.D**

Red Bank, NJ

[www.navesinkpsych.com](http://www.navesinkpsych.com)

732-784-7793

**Lauren VanVelson, LCSW**

Shrewsbury, NJ

[www.laurenavelson.com](http://www.laurenavelson.com)

732-708-4085

**Jody Weiner Davis, MSW, DCSW, LMFT**

Manalapan, NJ

<https://www.psychologytoday.com/us/therapists/nj/marlboro/141818?sid=5e89d18b7f16f&ref=12&tr=ResultsName>

732-853-1888

**Dawn Wilcox, LCSW**

Red Bank, NJ

[www.dawnwilcox.com](http://www.dawnwilcox.com)

732-735-5572

**Alicia Zielinski Straub, LPC**

Red Bank, NJ

[www.aliciazstraubcounseling.com](http://www.aliciazstraubcounseling.com)

732-500-6394