

My Child Wants to Play a Sport in Middle School.

What Do I Do????

Steps for successful completion of required sports forms:

1. Obtain physical on the state approved forms **OR CHECK TO SEE IF THERE IS A VALID PHYSICAL IN THE HEALTH OFFICE .**
2. All forms are available on the district website under the “athletic tab” at <http://www.middlestownk12.org/Page/89>
3. **Complete all** sections of the health history form including **dates of injuries** and attach any treating physician orthopedic clearance for any injuries that have occurred within the past year. Additionally, you must submit notes from any health care specialists, such as the cardiologist, that your child has seen in the past.**IF SECTIONS ARE LEFT BLANK OR DATES ARE NOT PROVIDED EXAM WILL NOT BE APPROVED.**
4. Go www.familyID.com and register for your school. *Please check the town carefully, there are schools with similar names. Once registration is correctly completed, you will get a confirmation email.

Completed Physicals Forms are due to the middle school your child attends by www.Family ID.com closes AUGUST 10TH

*To ensure that you have ample time for this process, make your appointments with your healthcare provider **ASAP**. Understand that all completed school sports physicals are then reviewed by the school nurse and the school district physician. Since this is a lengthy process, we appreciate you meeting the deadline of **AUGUST 10TH , 2018**
THERE WILL BE A BOX IN THE MAIN OFFICE FOR COMPLETED FORMS- DO NOT SCAN OR FAX

Thank you for your cooperation!

The Middle School Nurses