

MIDDLETOWN TOWNSHIP PUBLIC SCHOOLS

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William O. George III, Ed.D.
Superintendent of Schools

Devyn Orozco
Director of Science, Health & Physical Education

September, 2020

Dear Parent/Guardian:

The 11th Grade Contemporary Health Issues course is designed to assist students in developing the skills necessary to make healthy and responsible decisions and foster an understanding of how those decisions affect their overall health and wellness. Students will be trained in CPR/AED and learn about the various topics listed below during the course.

The following is an outline of the units covered this year in your child's 11th Grade Health Curriculum:

I. Physical Fitness	V. Coaching Principles
II. Nutrition	VI. Health Services, Careers & Information
III. Mental Health & Stress Management	VII. Infection and Noninfectious Disease
IV. First Aid, Safety and CPR/AED Training	VIII. Substance Abuse

If you choose not to have your son/daughter participate in any portion of a unit, you must complete a "Request to be Excused" form which is available in the main school office.

Sincerely,



Devyn Orozco