



MTPS

Resource Guide

Updated 4/29/21

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| Information | Area Served/ Phone #/ Address |
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| <p><u>Matawan United Methodist Pantry</u> Food to assist in emergency situations 2nd and 4th Tuesday and Thursday of every month. Tuesday 6:30pm-7:30pm Thursday 10:00am-11:30am</p> | <p>Phone #; 732-566-2996 Address: 478 Atlantic Ave. Aberdeen NJ</p> |
| <p><u>St. Joseph Church Pantry</u> Emergency food to needy families First Thursday 9:00am-1:00pm No Delivery Service</p> | <p>Phone #: 732-290-1878 Address: 42 Wooley St. Aberdeen NJ</p> |
| <p><u>Allentown Food Pantry</u> Emergency food to needy families Monday and Wednesday 10:00am-12:00pm Handing out pre-packaged items only No Delivery Service</p> | <p>Phone #: 609-259-7289 Address: 20 High Street, Allentown NJ</p> |
| <p><u>Belmar Food Pantry</u> Emergency food to needy families Tuesday and Thursday 10:00am-12:00pm</p> | <p>Phone #: 732-681-4413 Address: 1000 17th Ave Belmar, NJ</p> |
| <p><u>Bradley Food Pantry</u> Emergency food to needy families Monday-Friday 10:00am-12:00pm Handing out pre-packaged items only No Delivery Service</p> | <p>Phone #: 732-775-0161 Address: 605 4th Ave, Bradley Beach NJ</p> |
| <p><u>Bethel Food Pantry</u></p> | <p>Location: Asbury Park Area</p> |

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| <p>Emergency food to needy families Wednesday, Friday 10:00am-11:30am</p> | <p>Phone #: 732-776-6068</p> <p>Address: 119 Atkins Ave, Asbury Park NJ</p> |
| <p><u>Faith Food Pantry</u> Emergency food to needy families 2nd and 4th Saturday 9am-11am</p> | <p>Location: Asbury Park Area</p> <p>Phone #: 732-988-1816</p> <p>Address: 1209 Bangs Ave, Asbury Park NJ</p> |
| <p><u>First United Methodist A.P. Pantry</u> Emergency food to needy families 1st and 3rd Thursday 10am-12pm</p> | <p>Location: Asbury Park Area</p> <p>Phone #: 732-775-2693</p> <p>Address: 906 Grand Ave, Asbury Park NJ</p> |
| <p><u>Lutheran Church of Atonement Pantry</u> Emergency food to needy families 2nd and 4th Wednesday 10:30am-12:30pm</p> | <p>Location: Asbury Park Area</p> <p>Phone #: 732-776-5727</p> <p>Address: 308 First Ave, Asbury Park NJ</p> |
| <p><u>Salvation Army Pantry</u> Emergency food to needy families Call for an appointment</p> <p>No Delivery Service</p> | <p>Location: Asbury Park Area</p> <p>Phone #: 732-775-8698</p> <p>Address: 605 Asbury Ave, Asbury Park NJ</p> |
| <p><u>Second Baptist Church Pantry</u> Emergency food to needy families 2nd and last Saturdays 12:00pm-2:30pm</p> <p>No Delivery Service</p> | <p>Location: Asbury Park Area</p> <p>Phone #: 732-774-5347</p> <p>Address: 124 Atkins Ave, Asbury Park NJ</p> |

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| <p>St. Peter Calver Pantry Emergency food to needy families Thursday 10:00am-1:00pm</p> | <p>Location: Asbury Park Are Phone #: 732-775-4157 Address: 1419 Springwood Ave, AsburyPark NJ</p> |
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| <p>Victory Tabernacle of Prayer Pantry Emergency food to needy families 2nd and 4th Wednesdays 10:00am- 1:00pm</p> | <p>Location: Asbury Park Area Phone #: 732-455-5836 Address: 1325 Asbury Ave, Asbury Park NJ</p> |
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| <p>Providence Baptist Pantry Emergency food to needy families 3rd Saturday 8:00am-12:00pm No Delivery Service</p> | <p>Location: Cliffwood Beach Phone #: 732-566-4430 Address: 15 Lincoln Ave, Cliffwood NJ</p> |
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| <p>Emley's Hill Good Samaritan Pantry Emergency food to needy families Wednesdays 5:30-6:30pm</p> | <p>Phone #: 609-259-7465 Address: 69 Emley's Hill Rd, Cream Ridge NJ</p> |
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| <p>The Mews Pantry Emergency food to needy families 1st and 3rd Wednesday 2:30pm-4:30pm</p> | <p>Phone #: 732-919-6227 Address: The Mews 2 Liron Lane/Farmingdale NJ</p> |
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| <p><u>New Hope Pantry</u> Emergency food to needy families 3rd Thursday 10:00am-1:00pm</p> | <p>Phone #: 732-780-9210 Address: 28 First St, Freehold NJ</p> |
| <p><u>Open Door Pantry</u> Emergency food to needy families Monday-Friday 10:00am-1:45pm</p> | <p>Phone #: 732-780-1089 Address: 39 Throckmorton St, Freehold NJ</p> |
| <p><u>Christ Church Pantry</u> Emergency food to needy families 2nd Saturday 8:30am-12:30pm No Delivery Service</p> | <p>Phone #: 732-938-7500 Address: 71 Oak Glen Rd, Howell NJ</p> |
| <p><u>Eatontown Food Coop</u> Emergency food to needy families Open Tuesday and every other Wednesday 12pm-3pm No Delivery Service</p> | <p>Location: Eatontown Phone #: 732-610-8588 Address: 15 Meridian Dr, Eatontown NJ</p> |
| <p><u>St. Dorothea's Pantry</u> Emergency food to needy families 2nd and 4th Wednesday 5pm-7pm 2nd Saturday 9am-11am Handing out pre-packaged items only</p> | <p>Location: Eatontown Phone #: 732-542-0148 Address: 240 Broad St, Route 71 Eatontown NJ</p> |
| <p><u>First Baptist Pantry</u> Emergency food to needy families 4th Thursday 12pm-3pm No Delivery Service</p> | <p>Location: Long Branch/ W. Long Branch Phone #: 732-229-1453 Address: 499 Bath Ave, Long Branch NJ</p> |

FOOD ASSISTANCE

| Information | Area Served/ Phone #/ Address |
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| <p><u>Atonement Lutheran Church Food Pantry</u> Food to assist in emergency situations 2nd and 4th Wednesday of every month. 10:30am-12:30pm Can only come once a month. *Need current photo ID</p> | <p style="text-align: center;">Location: Greater Asbury Park Area</p> <p style="text-align: center;">Phone #; 732-776-5727</p> <p style="text-align: center;">Address: 308 1st Ave, Asbury Park, NJ 07712</p> <p style="text-align: center;">WEBSITE</p> |
| <p><u>Bradley Food Pantry</u> Emergency food once per month to needy families Monday through Friday 10am-12pm And Thursday 6-7pm *Need current photo ID</p> <p>*Serving Asbury Park, Neptune City, Neptune, Avon, Ocean, Ocean Grove, Wall and Lake Como</p> | <p style="text-align: center;">Phone #: 732-775-0161</p> <p style="text-align: center;">Address: 605 Fourth Avenue Bradley Beach NJ 07720</p> <p style="text-align: center;">Email: bradleyfoodpantry@gmail.com</p> <p style="text-align: center;">WEBSITE</p> |
| <p style="text-align: center;"><u>Meals at Noon</u> Saturdays from 11-1 p.m. and a brown bag lunch on Wednesdays at 12 noon *Serving the Long Branch Area</p> | <p style="text-align: center;">Phone #: 732-229-2035</p> <p style="text-align: center;">Address: 93 Liberty Street West Long Branch, NJ</p> |
| <p><u>Monmouth Co. Nutrition Program</u> Located in multiple towns* Lunch provided daily for senior citizens aged 60+ who signed up at least the day prior to meal. Meals can be delivered to homebound senior citizens only</p> | <p style="text-align: center;">Location: Middletown area</p> <p style="text-align: center;">Phone #: 732-291-0999</p> <p style="text-align: center;">Address: 900 Leonardville Rd, Leonardo, NJ 07737</p> |
| <p style="text-align: center;"><u>Salvation Army</u> Offers once/month food pantry Mon & Fri 9am-11am *Current photo ID needed</p> | <p style="text-align: center;">Location: Asbury Park, Deal, Oakhurst, Belmar and Middletown area</p> <p style="text-align: center;">Phone #: 732-775-8698 (Asbury area)</p> |

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| <p>Recipients can come up to 3 times a month</p> | <p>Address: 605 Asbury Avenue, Asbury Park NJ</p> |
| <p><u>Division of Social Services</u> Workfirst, Temporary need to needy families (TANF), General Assistance, Food Stamps, Medicaid, child support, emergency shelter to TANF, GA, SSI recipients</p> <p>*Can Apply Online https://oneapp.dhs.state.nj.us/</p> | <p>Location: Monmouth County</p> <p>Phone #: 732-431-6000</p> <p>Hours of Operation: Mon-Fri (8:30am-4:30pm)</p> <p>Address: 3000 Kozloski Rd Freehold, NJ</p> <p>*Main Office: Tuesday 8:30am-8pm (Ocean Twp Office open in the evening)</p> |
| <p><u>Freehold Area Open Door</u> Open Monday-Friday 10am-2pm *Program Participants must be food stamp eligible Emergency food: 3-5 days of food given once/month. *Current ID needed Vegetables, milk, and bread once/week *No ID required Emergency Funding: Rental & Utility Assistance (Freehold Only) After school programs & scholarship programs: Homework assistance provided for 3rd, 4th, and 5th graders enrolled in Freehold Twp., and Participants must be referred by school SW. No transportation provided. Participants are eligible for scholarship opportunities for college tuition.</p> | <p>Location: Monmouth County (Freehold, Marlboro and Colts Neck)</p> <p>Phone #: 732-780-1089</p> <p>Address: 39 Throckmorton St. Post Office Box 1073, Freehold , NJ</p> |
| <p><u>Interfaith Neighbors</u> Rental Assistance Program for those living with children and Meals on Wheels Program for seniors Also offers assistance with mortgages</p> | <p>Phone #: 732-775-0525</p> <p>WEBSITE</p> <p>Address: 810 Fourth Ave. Asbury Park, N.J. 07712, NJ 07728</p> |
| <p><u>Middletown Helps Its Own</u> Emergency assistance for food, rental and utility assistance. Clothing center. Thanksgiving & Christmas Drives</p> | <p>Location: Middletown</p> <p>Phone #: 732-787-3604</p> <p>Email: MH1065@gmail.com</p> |

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| <p style="text-align: center;">Salvation Army</p> <p>Emergency food, shelter, rent, drug and alcohol counseling and Thanksgiving and Christmas assistance.</p> <p style="text-align: center;">Open 9am-4pm Monday-Friday</p> <p>Pantry is open Wednesday by appointment only</p> | <p style="text-align: center;">Location: Red Bank Area</p> <p style="text-align: center;">Phone #: (732) 747-1626</p> <p style="text-align: center;">Address: 180 Newman Springs Rd, Red Bank, NJ 07701</p> |
| <p style="text-align: center;">St. Vincent De Paul Society- St. Michael</p> <p>Food Pantry every 3rd Saturday 3:00-5:30 pm (call ahead to register)</p> | <p style="text-align: center;">Location: Long Branch Area</p> <p style="text-align: center;">Phone #: (732)483-0360 ex 7</p> <p style="text-align: center;">Address: 16 Beechwood Ave, Long Branch NJ 07740</p> |
| <p style="text-align: center;">Samaritan Center</p> <p style="text-align: center;">Food pantry</p> <p style="text-align: center;">Tuesday, Thursday, Saturday 9:30-12:30 (call ahead first)</p> <p style="text-align: center;">Clients can come once per/week</p> <p>Provides: Non-perishables as well as meats and dairy</p> <p>*Bring ID and income verification Serves Marlboro, Millstone Englishtown, and Manalapan</p> | <p style="text-align: center;">Address: 211 Route 522 Manalapan 07726</p> <p style="text-align: center;">Phone: 732-446-1142</p> |
| <p style="text-align: center;">Project Paul, Inc</p> <p>Must meet with Sister Kathleen for intake prior to receiving any services except appointments with Social Services or the Food Bank</p> <p style="text-align: center;">*Financial help available</p> <p>Thrift Shop: Monday – Friday 10am-3pm, Saturday 9 am-2pm</p> <p>All Project Paul clients get two tops and two bottoms from thrift store every three months free of charge.</p> <p>Food Pantry: Wednesdays & Fridays 9:45am – 11:45am and 12:45pm – 2:45pm Friday 10a-3p a Monmouth County Food Bank Rep will be available.</p> <p>Furniture Store: Tuesday 10-2, Wednesday – Saturday 9am-2pm,</p> | <p style="text-align: center;">Location: Keansburg Area</p> <p style="text-align: center;">Phone #: 732-787-4887</p> <p style="text-align: center;">Address: 211 Carr Avenue, Keansburg NJ 07734</p> <p style="text-align: center;">Email: ProjPaul@aol.com</p> <p style="text-align: center;">Website: www.projpaul.org</p> |

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| <p>Every Wednesday from 11am-2:30pm Nicole from Social Services is available to assist with new social services applications, intake, and any questions regarding assistance</p> | |
| <p><u>St. Leo's</u> Non Perishable Food Items Rent/Utility Assistance Security Deposit <u>On Call 24/7</u> Pavish center: 9am-2pm</p> | <p>Location: Monmouth County Food Pantry Phone #: 732-747-5466 Financial Assistance: 732-284-8916</p> |
| <p><u>St Benedict</u> Food Pantry Monday-Friday 10am-1pm</p> | <p>Location: Holmdel Area Phone #: 732-264-4712 Ext 34 Address: 165 Bethany Rd, Holmdel, NJ 07733</p> |
| <p><u>Calico Cat Cupboard and Pantry (Food Bank)</u> <u>Community Outreach Group</u> Emergency food, material assistance, personal and household items and appliances - one time monetary assistance for critical needs be referred without charge, when funding is available. Schedule: Wednesday 9:30am-11:30pm, closes between noon and 1 Evening pantry: proof of employment required and hours for working (low income clients only)- Second Saturday 9am-11am *first visit by appointment only</p> | <p>Location: Middletown area Phone #: 732-671-2304 Fax: 732-671-8772 Phone # (Food Pantry): 732-887-0727 Pantry Coordinator: Bernadette Address: 96 Kings Highway, Middletown NJ 07748</p> |
| <p><u>St. Vincent De Paul Society- Holy Family</u> Thrift shop Tuesday-Friday 10am-2pm Distribution of food Sat 10am-2pm Distribution of food, clothing, furniture, utility assistance, medical bills</p> | <p>Location: Keyport Area Phone #: 732-264-8132</p> |

HOUSING/UTILITY ASSISTANCE

| Information | Area Served/ Phone #/ Address |
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| <p style="text-align: center;"><u>Easter Seals</u></p> <p>Rental assistance and case management services to severely mentally ill adults to help them live more independently within their communities</p> <p>Multiple resources for adults, great information on website</p> | <p style="text-align: center;">Wall Township Location: Address: 3349 Highway 138 Building B, Suite 8 Wall, NJ</p> <p style="text-align: center;">Shrewsbury Location: Address: 16 Paterson Ave Suite 8 Shrewsbury, NJ</p> <p style="text-align: center;"><u>WEBSITE</u></p> |
| <p style="text-align: center;"><u>Calico Cat Cupboard and Pantry</u></p> <p>Emergency Food, material assistance, personal and household items and appliances- one time monetary assistance for critical needs, by referral and without charge, when funding is available</p> | <p style="text-align: center;">Location: Middletown Area</p> <p style="text-align: center;">Phone #: 732-671-2304</p> <p style="text-align: center;">Address: 96 Kings Highway, Middletown, NJ 07748</p> <p style="text-align: center;">Hours of Operation: Wednesday 9:30am – 11:30pm</p> |
| <p style="text-align: center;"><u>St. Vincent De Paul</u></p> <p style="text-align: center;">Utility/Rental Assistance</p> | <p style="text-align: center;">Union Beach: 732-264-8132 Neptune: 732-922-4242 West Long Branch: 732-222-3216 ex.16 Asbury Park: 732-988-5310 Freehold: 732-303-1793</p> |
| <p style="text-align: center;"><u>St. Leo's The Great</u></p> <p style="text-align: center;">Non Perishable Food Items Rent/Utility Assistance Security Deposit Pavish center: 9am-2pm</p> | <p style="text-align: center;">Monmouth County Food Pantry 732-747-5466 Financial Assistance 732-284-8916</p> |
| <p style="text-align: center;"><u>Division of Social Services</u></p> <p>Workfirst, Temporary need to needy families (TANF), General Assistance, Food Stamps, Medicaid, child support, emergency shelter to TANF, GA, SSI recipients *Can Apply Online - OneApp.dhs.state.nj.us/</p> | <p style="text-align: center;">Monmouth County</p> <p style="text-align: center;">Phone #: 732-431-6000</p> <p style="text-align: center;">Hours of Operation: Mon-Fri 8:30am-4:30pm</p> <p style="text-align: center;">Tuesday</p> |

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| | <p>8am-8pm Ocean Twp Office open in the evening</p> <p>Main Location Address: 3000 Kozloski Rd Freehold</p> <p>Outreach Office: Address: 2405 Route 66, Ocean</p> |
| <p>St. Mary's Church</p> <p>Social Concerns program. Financial aid to those in extreme conditions. Utility/Rental Assistance Monday-Thursday: 8:30am-7:30pm Sunday: 9:00am-12:00pm Closed Friday and Saturday Catholic Based Child Care (before and after school) Services Mon-Fri 6:30am-6:30pm</p> | <p>Location: Colts Neck Area</p> <p>Phone #: 732-780-2666</p> <p>Child Care Phone #: 732-788-0135</p> |
| <p>St. Michael's Church</p> <p>Social Concerns program. Financial aid to those in extreme conditions. Utility/Rental Assistance</p> | <p>Location: Long Branch</p> <p>Phone #: 732-483-0360 ex. 7</p> |
| <p>Freehold Area Open Door</p> <p>*Program Participants must be food stamp eligible Emergency food: 3-5 days of food given once/month. *Current ID needed Vegetables, milk, and bread once/week Emergency Funding: Rental & Utility Assistance After school programs & scholarship programs: Homework assistance provided for 3rd,4th, and 5th graders enrolled in Freehold Twp., and Participants must be referred by school SW. No transportation provided. Participants are eligible for scholarship opportunities for college tuition.</p> | <p>Location: Freehold, Marlboro, Colts Neck</p> <p>Phone #: 732-780-1089</p> <p>Address: 39 Throckmorton St. Post Office Box 1073, Freehold, NJ 07728</p> <p>Email: freeholdareaopendoor@yahoo.com</p> <p>Hours of Operation: Monday- Friday (10-2pm)</p> |
| <p>Interfaith Neighbors</p> <p>Rental and Mortgage Assistance Program for those living with children and Meals on Wheels Program for seniors Monday-Friday 9a-4p</p> | <p>Monmouth County</p> <p>Phone #: 732-775-0525</p> <p>WEBSITE Address: 810 Fourth Ave. Asbury Park, N.J. 07712</p> <p>Hours of Operation: Mon-Fri (9am-4pm)</p> |

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| <p style="text-align: center;"><u>Middletown helps its own</u></p> <p>Emergency assistance for food, clothing, rental and utility assistance. Clothing center. Thanksgiving and Christmas Drives</p> | <p style="text-align: center;">Location: Middletown Phone #: 732-787-3604</p> |
| <p style="text-align: center;"><u>Project Paul, Inc</u></p> <p>Must meet with Sister Mary for intake prior to receiving any services except appointments with Social Services or the Food Bank <u>*Financial help available</u> Thrift Shop: Monday – Friday 10am-3pm, Saturday 10am-2pm <u>All Project Paul clients get two tops and two bottoms from thrift store every three months free of charge.</u></p> <p>Food Pantry: Wednesdays & Fridays 9:45am – 11:45am and 12:45pm – 2:45pm</p> <p>Friday 10a-3p a Monmouth County Food Bank Rep will be available.</p> <p>Furniture Store: Tuesday – 10am-2pm, Wednesday – Saturday 9am-2pm,</p> <p>Every Wednesday from 11am-3pm Nicole from Social Services is available to assist with new social services applications, intake, and any questions regarding assistance</p> | <p style="text-align: center;">Keansburg Area 732-787-4887</p> <p style="text-align: center;">211 Carr Avenue, Keansburg NJ 07734 ProjPaul@aol.com</p> |
| <p style="text-align: center;"><u>HFCF</u></p> <p>Provides assistance to many families in need in Monmouth County, NJ. They have provided dental assistance, furniture, utility bill payments, gas cards, food store cards, refinance assistance, and tuition for schooling, day camps, day care, etc. We have helped to keep countless underprivileged children fed, clothed and housed in a warm environment. We have assisted families that have suffered setbacks get back on their feet. We’ve provided financial support for families dealing with illness and tragedy.</p> <p>Please fill out the “Request form” on our website under ‘menu’ for assistance.</p> | <p style="text-align: center;">Monmouth County www.hfcf.org</p> <p>There are a list of resources to call under -Who we help Then click on -Family Resources</p> |
| <p style="text-align: center;"><u>Ocean Inc.</u></p> | <p style="text-align: center;">Ocean County Housing Assistance: 732-244-5333</p> |

Head Start program- Housing assistance, home energy assistance, head start programs

Home Energy Assistance: 732-244-9041
Direct Service Programs: 732-288-2614
Head Start programs: 732-244-9114

NJ POWER ON

ASSISTANCE WITH UTILITIES USF/ LIHEAP

- Assistance with heat & cooling (cooling assistance must be medically necessary)
- Applications for LIHEAP in New Jersey are accepted between October 1 and April 30.
- USF helps low-income households lower their energy bills. Low-income households can easily afford to pay their energy bills if they qualify for USF and LIHEAP.
- Annual income per client household size must fall within the following range:

APPLICATION

| Household Size | HEA Monthly Gross Income | USF Monthly Gross Income |
|----------------|--------------------------|--------------------------|
| 1 | \$2,082 | \$1,296 |
| 2 | \$2,819 | \$2,607 |
| 3 | \$3,555 | \$3,289 |
| 4 | \$4,292 | \$3,970 |
| 5 | \$5,029 | \$4,652 |
| 6 | \$5,765 | \$5,333 |
| 7 | \$6,502 | \$6,015 |
| 8 | \$7,239 | \$6,696 |
| 9 | \$7,975 | \$7,377 |
| 10 | \$8,528 | \$8,059 |
| 11 | \$8,706 | \$8,740 |
| 12 | \$8,883 | \$9,427 |

Email: HEAdocs@housingall.org

Phone: (732) 389-2204

Fax number for each Utility Assistance office:

Eatontown, NJ: Fax 732-440-4765

Email: pageapp@housingall.org

Freehold, NJ: Fax 732-414-6607

Neptune, NJ: Fax 732-922-0726

Main office: 3535 route 66 parkway 100 complex building 4 Neptune NJ 07753

59 Broad Street Eatontown NJ 07724

Federal Poverty Guidelines

| First Person | Each Additional Person |
|--------------|------------------------|
| \$12,490 | \$4,420 |

In addition to filling out the LIHEAP/USF application in its entirety, eligible households must provide COPIES of the following documentation:

1. Social security cards for all members of the household
2. Proof of four consecutive weeks of income for all household members 18 and over.

(Income includes, but is not limited to, employment pay stubs, unemployment, social security, SSI, pension, business income, rental income, food stamps, TANF etc.) If a household member 18 or over does not have income, they may fill out a zero income form or write a letter stating that they have NO income which must be signed and dated by the household member.

1. **Proof of residence:** If you own your home: a copy of the current mortgage statement, tax bill or deed.
If you rent: A copy of your current lease or letter from your landlord/tenant verification form.
2. **Current utility bill:** A copy of your most recent utility bill: gas, electric or deliverable fuel must be provided. Please provide the full first page of the bill as we cannot accept bill stubs.

If you are applying for cooling benefits, you must also provide a letter from your doctor stating the medical necessity for needing to have air in the summer. The letter must be signed and stamped by the doctor in order for it to be valid.

GIFT OF WARMTH

- THE GIFT OF WARMTH PROGRAM IS ONLY AVAILABLE TO NEW JERSEY NATURAL GAS CUSTOMERS IN MONMOUTH AND MIDDLESEX COUNTIES ONLY.

- The Gift of Warmth, funded by New Jersey Natural Gas and customer's donations to assist customers who have exhausted other forms of energy assistance, as well as those who are experiencing financial difficulties because of illness, high medical expenses, or other unanticipated circumstances. AHA assists with the application process to help qualified customers who cannot afford to pay their NJNG bill.

[APPLICATION](#)

SOCIAL CONCERNS

Information

Area Served/ Phone #/ Address

[Love Thy Neighbor](#)

- Christmas Connect Program- Assistance with Christmas presents

Address: 15 Meridian Rd
Eatontown, NJ 07724

Intake: (732) 542-7012 ext. 1

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| <ul style="list-style-type: none"> ● Wheel Appeal Program- Donates used vehicles to the working poor ● Cuts for Christ- Beauticians & barbers cut hair for those who cannot get out because of an illness or disability free of charge. ● Furnished With Love- Donates & sells donated household furnishings ● Clearinghouse- housing financial assistance | <p>Christmas Connect: (732) 542-7012 ext. 104</p> <p>Wheels Appeal: (732) 542-7012 ext.206</p> <p>Cuts For Christ: (732) 542-7012</p> <p>Furnished With Love: (732) 222-1923</p> <p>Clearinghouse: 732-542-7012 ext. 101</p> |
| <p>Rainbow Foundation Monday and Thursday 9am-1pm Provides medical necessities for children up to 17</p> | <p>Location: Monmouth County Phone #: 732-671-4343 Address: 15 Cherry Tree Farm Rd, Middletown, NJ, 07748</p> <p>WEBSITE</p> |
| <p>Marcy Center Emergency services, assistance, family services, groups in both English and Spanish</p> | <p>Location: Monmouth County Phone #: 732-774-9397 Address: 1106 Main St, Asbury Park, NJ 07712</p> <p>WEBSITE</p> |
| <p>St. Wary's Church Social concerns program. Financial aid to those in extreme conditions. Utility/Rental assistance</p> | <p>Location: Colts Neck Area Phone #: 732-780-2666 ext.320</p> |

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| <u>SCHOOL RELATED</u> | |
| Information | Area Served/ Phone #/ Address |

Family Based Services

IEP Review Clinic- Navigating IEPs for parents.
Need most recent IEP at the meeting. Between the
hours of 4:00 and 6:00pm.

Call 732-542-4502 or 732-491-1077 or email
canthony@fbsanj.org for meeting dates

**Registration required

Support Groups

All programs are free but a reservation is
required. Please call (732) 542-4502 to register.

Food and Childcare Provided.

Support Groups are a place where families,
parents, and caregivers can come to be
encouraged, laugh, cry, and share with other
families whose children are experiencing tough
emotional / behavioral, DD, and substance abuse
challenges. The groups are peer-led by one of our
staff members. We can provide parents seeking
clinical help with available resources in the
community.

FBSANJ provides warm line support. Families can
call or visit our office, 9:00 am-5:00 pm, Monday
through Friday, for questions they may have about
their children or services in the community. For
warm line services, call (732) 542-4502.

- Spanish Support Group
- Father Empowerment Group
- Youth Partnership
- English Support Group

Location: Monmouth County

Phone #: 732-542-4502

Fax: 732-542-4563

Email: info@fbsanj.org

Address: Family Based Services, 6 Industrial Way
West Suite D, Eatontown

WEBSITE

<https://www.fbsanj.org>

Programs Change Monthly
Check the website!

NJ Statewide Parent to Parent

1. One to one matches of families with similar
needs and experiences
2. Emotional support for the parent of a child
with a developmental disability, delay or
other special health need
3. Current local state or national resources for
the child and family on a variety of
disabilities and health issues
4. Training for parents who would like to
become "supporting parents"

Contact: Donna Milanowycz

Home Office: 732-836-0964

Phone #: 1-800-654-7726

Email: dmilanowycz@aol.com

IEP Youth Services

Phone #: (732) 431-2663

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| <p>http://www.iepyouthservices.org Providing residential, social, and psychological services to youth and young adults</p> | <p>Fax #732-577-1425 Email: info@jepyouthservices.org 75 West Main Street Freehold NJ 07728</p> |
| <p><u>SPAN (Statewide Parent Advocacy Network)</u> http://spannj.org/START/parentgroups SPECIAL EDUCATION PARENT GROUPS- DISTRICT BASED</p> | <p>Phone #: 1(800) 654-SPAN Email: apelham@spannj.org</p> |

| <u>CHILD/ADOLESCENT COUNSELING</u> | |
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| Information | Area Served/ Phone #/ Address |
| <p><u>The YMCA- Bayshore Family Success Center</u> > Parenting and Child Development > Parental Resilience/Life Skills > Social Connections > Mental Health Programs</p> | <p style="text-align: center;">Northern Monmouth County Phone #: 732-497-3811 (Dial 0 for immediate assistance) Fax: 732-847-2742</p> |

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| <p>> Employment/Housing > Concrete Support/Services for Parents > Continued Support of Superstorm Sandy Victims</p> <p>Changes monthly, please check website: http://cymca.org/locations/bayshore-family-success-center/</p> | <p>The Henry Hudson Trail Activity Center Address: 945 State Highway 36 Leonardo, NJ 07737</p> <p>Email: familysuccess@cymca.org</p> <p>Facebook.com - Bayshore Family Success Center Monday: 9 a.m. – 5 p.m. Tuesday: 9 a.m. – 5 p.m. Wednesday: 11 a.m. – 7 p.m. Thursday: 11 a.m. – 7 p.m. Friday: 9 a.m. – 3 p.m. Saturday: 9 a.m. – 12 p.m.</p> |
| <p><u>Mobile Response Program</u> CPC Behavioral Healthcare</p> <p>Dispatching within one hour of a crisis call of a child up to the age of 18 Escalating emotional or behavior problems at home, school or school, substance abuse problems, and mental health issues. The goal of the Mobile Response intervention is to improve the stability of day-to-day living both emotionally and behaviorally and reduce the need for out-of-home placement and psychiatric hospitalizations</p> | <p>Phone #: 1-877-652-7624</p> <p>Address: 270 Highway 35 Red Bank, NJ 07701</p> |
| <p><u>CPC Behavioral Healthcare</u> Family, Individual, and Group Therapy Psychiatric Evaluation Case Management Anger Management Substance Abuse Employee Assistance Program Outreach services Most insurances accepted</p> | <p>Phone #: 732-842-2000 ext 4221 Monday - Thursday (8am-6pm), Friday 8am-5pm</p> <p>Address: 270 Highway 35 Red Bank, NJ 07701</p> |
| <p><u>Meridian Behavioral Health Services</u></p> <p>Psychotherapy Psychiatric evaluation Medication monitoring</p> <p>IOP- The Intensive Outpatient Program’s goal is to provide services aimed at relieving symptoms</p> | <p>Phone #: 732-643-4400</p> |

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| <p>for children ages 4 to 17 suffering from emotional and/or mental health problems.</p> | |
| <p><u>Integrated Care Concepts</u> Sex Abuse Specialist Fire setting Juvenile sex offenders Self- harming behaviors *Sessions offered from home due to Covid 19*</p> | <p>Phone #: 732-858-5432 Email: admin@integratedcareconcepts.com Website: Integrated Care Concepts & Consultation Location: Middletown 18 Kings Highway Suite 206 Hours of Operation: Mon-Friday 9am – 9pm</p> |
| <p><u>Community YMCA Family Services</u> Adolescent Intensive Outpatient program Early S/A Intervention Program Serving children, adolescents, adults, and families of Monmouth County Counseling</p> | <p>Phone #: 732-290-9040 Address: 166 Main St Matawan, NJ 07747 Website: outpatient@cymca.org Hours of Operation: Mon-Thu 9am-9pm Friday 9am-5pm</p> |
| <p><u>180 Turning Lives Around</u> 180, Turning Lives Around, is a private, non-profit organization dedicated to ending domestic and sexual violence in our community. Open 24 hrs</p> | <p>Domestic Violence Hotline: 1(888) 843-9262 Sexual Violence Hotline: 1(888)-264-7273 Phone #: (732) 264-4111 1 Bethany Road. building 3 suite 42 Hazlet NJ WEBSITE</p> |
| <p><u>Child & Adolescent Services Therapy Groups @ Jersey Shore University Medical Center</u> Anxiety and Depression Group Socialization and Anger management group For children ages 10-18years old</p> | <p>Hackensack Meridian Jersey Shore University Medical Center Address: 1945 Route 33, Neptune, NJ 07753 Phone #: 732-869-2784 *Call before attending for dates change frequently (press 2 when calling to schedule)</p> |
| <p><u>Catholic Charities</u> Trauma Counseling Individual therapy Family therapy</p> | <p>Phone #: 732-758-0094 Address: 145 Maple Ave Red Bank, NJ 07701</p> |

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| <p>Group therapy/Art therapy Supportive counseling 9-7 Monday-Friday</p> | <p>Melissa Boege- Program directors</p> |
| <p><u>Play Therapist- Christian Bellissimo</u> 3-7 years old in person parent/teacher based training</p> | <p>Address: 1 Main Street, Suite 302 Eatontown, New Jersey 07724 Phone #: 732-609-7272 Email: christian@christianbellissimo.com</p> |
| <p><u>Family Growth Program</u></p> <p>Child abuse treatment and prevention through the provision of individual, group and family counseling for the following:</p> <ul style="list-style-type: none"> • Survivors of child sexual, physical and emotional abuse • Adult survivors of childhood sexual abuse • Adult and child sexual abuse offenders • Children and adolescents with sexually acting out behaviors <p>Psychiatric evaluation and follow-up available for child clients.</p> <p>The program has extensive experience in treatment of adult perpetrators and works closely with County Probation and Parole Boards. Clinicians are members of the Association for Treatment of Sexual Abusers (ATSA).</p> | <p>Address: 145 Maple Ave, Red Bank, NJ</p> <p>Phone #: 732-747-9660</p> |

GROUP THERAPY/SUPPORT GROUPS

| Information | Area Served/ Phone #/ Address |
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| <p><u>Jewish Family & Children's Services</u> Evening Anger Management and Domestic Violence Group, Substance Abuse Treatment Program, Outpatient and Intensive Outpatient Services, Sandy Counseling, and Kosher Meals on Wheels</p> <p><u>Substance Abuse, Anger Management and Domestic Violence Groups</u> All participants must be pre registered and have an assessment done prior to attending the group.</p> <p style="text-align: center;">Food Pantry 8-11 outside</p> <p style="text-align: center;"><u>Wednesdays</u> 10:30 a.m. -12pm Intensive Outpatient Substance Abuse Group 6:00 - 9:00 p.m. - Intensive Outpatient Substance Abuse Group</p> <p style="text-align: center;"><u>Thursdays</u> 9 a.m. – 9 p.m. Intensive Outpatient Group</p> <p style="text-align: center;"><u>Fridays</u> 9:30 - 12:30 Outpatient Substance Abuse Group</p> <p style="text-align: center;">Mental health-virtual</p> | <p style="text-align: center;">Location: Monmouth County</p> <p style="text-align: center;">Phone #: 732-774-6886</p> <p style="text-align: center;">Address: 25 Kilmer Professional Park, Bldg. 3, Suite 12 Morganville, NJ 07751</p> <p style="text-align: center;">Address: 705 Summerfield Ave, Asbury Park 07712</p> <p style="text-align: center;">ALL GROUPS ARE HELD VIRTUAL</p> |
| <p><u>Bereavement Support Groups- Riverview</u></p> <p style="text-align: center;">Children bereaving the death of a parent Refer out</p> <p style="text-align: center;">Breast cancer support group</p> | <p style="text-align: center;">Riverview Medical Center</p> <p style="text-align: center;">Phone #: 732-530-2382</p> |
| <p style="text-align: center;"><u>Stephy's Place</u></p> <p>A New Life Support Center for Grief and Loss. A place for all who suffer the loss of a loved</p> | <p style="text-align: center;">Phone #: 732-614-1142</p> <p style="text-align: center;">The Swede Chevalier Building</p> |

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| <p>one. Please e-mail or call for support groups so that they can find the best group for your loss. Monthly Meditation Class 1st & 3rd Thursday of each month at 9:30am, 2nd Tuesday of each month 6pm, 4th Wednesday of each month at 11:00am</p> <p>All sessions are one hour long. Please arrive ten minutes before group start time to find parking and get settled so that we may start and finish on time.</p> | <p>Address: 210 West front street, suite 209 Red Bank, NJ 07701</p> <p>Email: Stephysplace15@gmail.com</p> <p>WEBSITE</p> |
| <p><u>Rainbows</u></p> <p>Children and families</p> <p>Rainbows helps children heal after a life altering crisis due to separation, divorce, death, illness, military deployment or other painful family transitions.</p> <p>Ages 5-17</p> <p>Parents are offered group while the children are in session.</p> <p>Refer to the webpage, sign up, and view locations.</p> | <p>Mike & Marie Meriton</p> <p>Phone #: 908-720-7044</p> <p>Precious Blood Parish Center</p> <p>Address: 72 Riverdale Ave, Monmouth Beach, NJ 07750</p> <p>WEBSITE</p> <p>monmouthrainbows.org/portfolio-items/monmouth-beach.org</p> |

CRISIS INTERVENTION/SUICIDE PREVENTION

| INFORMATION | Area Served/ Phone #/ Address |
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| <p><u>Monmouth County Psychiatric Emergency Screening Services (PESS) at Monmouth Medical Center</u></p> <p>Crisis intervention, stabilization, mobile outreach, crisis hotline and family crisis services are provided</p> | <p>Phone #: (732) 222-3030</p> |
| <p><u>CentraState Medical Center</u></p> <p>Provides comprehensive behavior services administered by specially trained, qualified, compassionate staff</p> | <p>Phone #: (732) 780-6023</p> <p>24 hours</p> |
| <p><u>Jersey Shore University Medical Center</u></p> <p>Suicide hotline at Jersey Shore Medical Center</p> | <p>Phone #: 732-776-2325</p> <p>WEBSITE</p> |
| <p><u>National Suicide Prevention</u></p> <p>Helps individuals in suicidal crisis to contact the nearest available suicide prevention and mental health service provider through a toll-free phone number</p> | <p>Phone #: 1-800-273-8255</p> <p>1(800)SUICIDE</p> <p>24 hours</p> <p>WEBSITE</p> |
| <p><u>National Hopeline Network</u></p> <p>Crisis hotlines, online crisis chat and awareness events</p> | <p>Phone #: 1(800) 784-2433</p> <p>24 hours</p> <p>WEBSITE</p> |
| <p><u>NJ Hopeline</u></p> <p>Confidential telephone counseling and support 24 hours a day, 7 day per week.</p> <p>via phone call, chat, email or text</p> <p>24 hours</p> | <p>text: NJhopeline@ubhc.rutgers.edu</p> <p>Phone #: (855) 654-6735</p> |
| <p><u>American Foundation for Suicide Prevention</u></p> | <p>Phone #: (212) 363-3500</p> <p>text TALK to 741741</p> <p>WEBSITE</p> |

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| <p>AFSP funds research, education and treatment programs aimed at the prevention of suicide.</p> | <p>afsp.org</p> <p><u>National Office</u> 199 water Street (11th Floor) New York, NY 10038</p> |
| <p><u>Yellow Ribbon Suicide Prevention Program</u></p> <p>Yellow Ribbon is dedicated to preventing youth suicide and attempts by making Suicide Prevention Accessible to Everyone and Removing Barriers to Help by empowerment.</p> <p><u>CALL: 800-273-TALK(8255)</u> <u>TEXT 'Help' to 741741</u></p> | <p>WEBSITE</p> <p>Phone #: 303-429-3530</p> <p>Email: ask4help@yellowribbon.org</p> |
| <p><u>Society for the Prevention of Teen Suicide</u></p> <p>Public awareness through the development and promotion of educational training programs.</p> | <p>WEBSITE yellowribbon.org</p> <p>Phone #: 732-410-7900</p> <p>Email: dawn@sptsusa.org</p> <p>Address: 110 West Main Street Freehold, NJ 07728</p> <p>24 hours</p> |
| <p><u>New Jersey Youth Suicide Prevention Project</u></p> <p>Prevention task forces Intervention training Postvention training Media campaigns</p> <p>Go onto jerseyvoice.net to learn about upcoming programs & online contact form</p> | <p>Location: Piscataway, NJ</p> <p>Phone #: (732)235-8420 NOT A DIRECT CRISIS HOTLINE</p> |
| <p><u>Riverview Medical Center Crisis Hotline</u></p> <p>Riverview's Crisis Unit serves as a consultant to the Emergency Department on all patients, adults, adolescents, and children experiencing a psychiatric emergency 24-hours a day, seven days a week.</p> | <p>Phone #: (732) 219-5325</p> |
| <p><u>Mobile Response and Stabilization Services, Perform care</u></p> | <p>Phone #: 1(877) 652-7624</p> <p>WEBSITE</p> |

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| <p>Available 24/7 day, to help children and youth who are experiencing emotional or behavioral crises.</p> <p>Services are designed to defuse an immediate crisis, keep children and their families safe, and maintain the children in their own homes or current living situation</p> | |
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| <u>YOUTH HOTLINES</u> | |
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| Information | Area Served/ Phone #/ Address |
| <p style="text-align: center;"><u>2ND FLOOR Youth Hotline</u></p> <p>A confidential and anonymous helpline for New Jersey's youth and young adults.</p> | <p>Phone #: 1(888) 222-2228</p> |
| <p><u>Society for the Prevention of Teen Suicide</u></p> <p>Public awareness through the development and promotion of educational training programs.</p> | <p style="text-align: center;">WEBSITE</p> <p>Phone #: (800)273-TALK (8255)</p> <p>Email: dawn@sptsusa.org (executive director)</p> <p>Address: 110 West Main Street Freehold, NJ 07728</p> |
| <p style="text-align: center;"><u>NJ Hopeline</u></p> <p>Confidential telephone counseling and support 24 hours a day, 7 days per week. SAFE (self-abuse finally ends) 24 hour Hotline suicide prevention 1(800)366-8288 1(800)273-TALK</p> <p>Self-Injury: You're not the only one Safe alternatives- treatments, referrals, schools, resources, lectures</p> | <p style="text-align: center;">Phone #: (855) 654-6735</p> <p style="text-align: center;">Email: njhopeline@ubhc.rutgers.edu</p> |

OUTPATIENT SERVICES

| Information | Area Served/ Phone #/ Address |
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| <p style="text-align: center;"><u>CPC Behavioral Health Care</u></p> <p>To provide behavioral health and education services that promotes wellness, recovery and productive lives.</p> <p style="text-align: center;">Freehold- Red Bank-Aberdeen</p> | <p style="text-align: center;">Phone #: 1-800-250-9811</p> <p style="text-align: center;">Time: Mon-Thu 8AM-9PM, Fri-Sat 8AM-5PM</p> |
| <p style="text-align: center;"><u>Community YMCA Counseling and Social Svc</u></p> <p>Provides high quality, client centered, therapeutic counseling and support services. Matawan</p> | <p style="text-align: center;">Phone #: (732) 290-9040</p> <p style="text-align: center;"><i>Outpatient Office</i></p> <p style="text-align: center;">Address: 166 Main St, Matawan, NJ 07747</p> <p style="text-align: center;">Monday-Thursday: 9 a.m. – 9 p.m. Friday: 9 a.m. -5 p.m.</p> |
| <p style="text-align: center;"><u>Family and Children’s Services</u></p> <p>Serving people at vulnerable times in their lives through education, intervention, care and counseling</p> | <p style="text-align: center;">Phone #: (732) 222-9111</p> <p style="text-align: center;">Address: 191 Bath Ave, Long Branch, NJ 07740</p> <p style="text-align: center;">Time: Monday – Friday 8:30am to 4:30pm</p> |
| <p style="text-align: center;"><u>Jewish Family & Children’s Services</u></p> <p>Providing innovative, responsive, cost effective, non-sectarian human services that enhance the quality of life for children, families and the aged in our community, while reflecting the shared compassion, ancient wisdom and unifying traditions of Judaism.</p> | <p style="text-align: center;">Address: 705 Summerfield Avenue, Asbury Park, NJ 07712</p> <p style="text-align: center;">Phone #: 732-988-2889</p> <p style="text-align: center;">Address: 25 Kilmer Drive, Bldg. 3, Suite 212, Morganville, NJ 07751</p> <p style="text-align: center;">Phone #: 732-536-0050</p> |

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| <p>Locations: Asbury Park, Eatontown, Morganville All groups held virtual</p> | <p>Address: 1 Main Street, Suite 219, Eatontown, NJ 07724 Phone #: 732-935-1881</p> |
| <p>Jersey Shore Behavioral Health Svc (Meridian)</p> | <p>Phone #: (732) 643-4363 Address: 3535 Route 66, Neptune</p> |
| <p>Monmouth Medical Center, Pollak Clinic</p> | <p>Phone #; 732-923-5220 Location: 5 North Bath Ave., Long Branch</p> |
| <p>Riverview Behavioral Health (Meridian)</p> | <p>Phone #: (732) 345-3400 Address; 661 Shrewsbury Ave., Shrewsbury</p> |
| <p>Family Crisis Intervention Unit (FCIU) Intensive family services in community/in home; truancy, parent-child conflict</p> | <p>Phone # (Day): (732) 542-2444 Phone # (Evening): (732) 431-7280 Time: Mon-Friday 9am-5pm</p> |

INFORMATION & REFERRAL

| Information | Area Served/ Phone #/ Address |
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| <p data-bbox="147 594 760 630">Monmouth County Office of Mental Health</p> <p data-bbox="219 667 690 703">Website: Monmouth ResourceNet</p> | <p data-bbox="987 594 1356 630">Phone #: (732) 431-7200</p> <p data-bbox="824 667 1518 741">Address: 185 State Route 36, Suite B-1, West Long Branch, NJ 07764</p> |
| <p data-bbox="196 812 711 919">NJ Children's System of Care Contracted System Administrator PerformCare</p> | <p data-bbox="976 812 1367 848">Phone #: 1(800) 652-7624</p> <p data-bbox="862 875 1481 911">TTY for hearing impaired 1-866-896-6975</p> <p data-bbox="1036 938 1307 974">300 Horizon Drive</p> <p data-bbox="1101 1001 1242 1037">Suite 306</p> <p data-bbox="964 1064 1377 1100">Robbinsville NJ 08691-1919</p> <p data-bbox="889 1127 1453 1201">Website: www.nj.gov/dcf/about/divisions/dcsc</p> |

EDUCATIONAL PROGRAMS/TRAINING

| Information | Area Served/ Phone #/ Address |
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| <p>Bridges-University of Medicine & Dentistry intended for professional school staff</p> <p>Intensive outpatient, outpatient, partial hospital, crisis prevention, in-patient services, etc.</p> | <p>Phone #: 1-800-969-5300</p> |
| <p>Suicide Prevention Resource Center Best Practice</p> | <p>Hotline: 1800-273-TALK (8255)</p> <p>WEBSITE: https://suicidepreventionlifeline.org/</p> |
| <p>Substance Abuse & Mental Health Services Admin</p> | <p>Email: webmaster@samhsa.hhs.gov</p> <p>WEBSITE</p> <p>Hours of Operation Monday - Friday (8:30 a.m. - 5:00 p.m.)</p> |

SOCIETY FOR THE PREVENTION OF TEEN SUICIDE

| Information | Area Served/ Phone #/ Address |
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| <p>2ND Floor- Youth Support Line for suicidal thoughts or difficulties in general life</p> <p>Cyber bullying, dating abuse, mental health, sexuality</p> | <p style="text-align: center;">Phone #: 1(888) 222-2228</p> <p style="text-align: center;"><u>WEBSITE</u></p> <p>2NDFLOOR c/o 180 Turning Lives Around, Inc. Building 3, Suite 42, 1 Bethany Road, Hazlet, NJ 07730</p> <p style="text-align: center;">Email: <u>info@2NDFLOOR.org</u>.</p> |
| <p>Traumatic Loss Coalition of Monmouth County</p> <p>Network of professionals representing schools, social agencies, police, clergy, crisis services, etc. can support and guide your staff through critical events and postvention based on successful experience resolving similar circumstances.</p> | <p style="text-align: center;">Phone #: (732) 431-7200</p> <p style="text-align: center;"><u>WEBSITE</u></p> <p style="text-align: center;"><u>info@monmouthresourcenet.org</u></p> <p style="text-align: center;">Address: Kozloski Road, PO Box 3000 Freehold, NJ 07728</p> <p style="text-align: center;"><u>Hours of Operation</u> Mon: 8:30am-4:30pm Tue: 8:30am-4:30pm Wed: 8:30am-4:30pm Thu: 8:30am-4:30pm Fri: 8:30am-4:30pm</p> |

INTERVENTIONS

| Information | Area Served/ Phone #/ Address |
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| <p>Self-Harm/Self-Mutilation - Monmouth County Mental Health</p> <p>Self-mutilation is a disorder that causes the participant to intentionally harm or inflict pain on him/herself.</p> | <p style="text-align: center;">Phone #: 732-431-7200</p> <p style="text-align: center;">Address: Kozloski Road PO box 3000, Freehold, NJ 07728</p> |
| <p style="text-align: center;">1(800) DON'T-CUT</p> <p>A team of experts uses therapy, education, and support to empower clients to identify healthier ways to cope with emotional distress.</p> | <p style="text-align: center;">Phone #: 1-800-366-8288</p> |
| <p style="text-align: center;">SAFE (Self-Abuse Finally Ends) 24 hour Hotline Suicide prevention</p> | <p style="text-align: center;">Phone # 1(800) 273 TALK (8255) or TEXT: 741 741</p> |
| <p>Monmouth County Office of Mental Health</p> | <p style="text-align: center;">Information (732) 431-7200</p> <p style="text-align: center;">Address: Kozloski Road, PO Box 3000, Freehold, NJ 07728</p> |
| <p style="text-align: center;">Legal Services of NJ Hotline</p> | <p style="text-align: center;">Legal Services of New Jersey</p> |

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| <p>The LSNJLAW Hotline is open from 8:00 AM to 5:30 PM Monday - Friday</p> | <p>Address: 100 Metroplex Drive, Suite 402 P.O. Box 1357 Edison, NJ 08818-1357</p> <p>Phone #: (732) 572-9100</p> |
| <p>Disability Rights New Jersey DRNJ's consumer-directed priorities focus case activities in areas most important to consumers with disabilities and their families. They also ensure that protection and advocacy services are provided to traditionally underserved or unserved populations.</p> | <p>Phone #: 1(800) 922-7233 or 609-292-9742</p> <p>210 South Broad Street third floor, Trenton NJ 08608</p> <p>DRNJ.org</p> |
| <p>Div. Of Mental Health & Guardianship Advocacy 24 hours a day 7 days a week</p> | <p>Phone #: (1-877-285-2844) Phone #: (866) 202-HELP (4357) Asbury Office: 732-869-2262 Email: njmentalhealthcares@mhanj.org</p> |
| <p>NJ Office of Advocacy Department of Children and Families Division of Child Protection and Permanency PO Box 717 Trenton, NJ 08625-0717 609-888-7000 Monday-friday 8:30am-4:30pm</p> | <p>Phone #: 1(877) 543-7864</p> <p>Email: askdcf@dcf.nj.gov</p> <p>WEBSITE</p> |
| <p>NJ Children's System of Care Helping families across New Jersey with behavioral health, disability services and substance use treatment.</p> | <p>Phone #: 1(877) 543-7864</p> |
| <p>National Eating Disorders Association National non-profit eating disorders organization. Information, referrals, support, prevention, conferences, and newsletters</p> | <p>WEBSITE</p> |
| <p>Mental Health Association of Monmouth County Info and Referral Our mission is accomplished through MHA's strength based innovative programs, education, advocacy, community partnerships and shaping public policy.</p> | <p>Phone #: (732) 542-6422</p> <p>WEBSITE</p> |

GENERAL SUPPORT RESOURCES

| Information | Area Served/ Phone #/ Address |
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| <p style="text-align: center;"><u>New Jersey 211 Call Center</u></p> <p>2-1-1 is the first three-digit telephone number dedicated to health, human services, and community life. It is the place to find the location of shelter during a flood or power outage, information about the nearest child care center, legal service, housing, immigration, employment, or service in a language other than English.</p> | <p style="text-align: center;">Dial 211 or (877) 652-1148</p> <p style="text-align: center;">Email: Info@nj211.org</p> <p style="text-align: center;">NJ211.org</p> |
| <p style="text-align: center;"><u>Monmouth ResourceNet website</u></p> <p>MonmouthCares, Inc. is a private, non-profit community based organization serving children primarily between the ages of 4-18 with behavioral and emotional challenges along with their families.</p> | <p style="text-align: center;">WEBSITE</p> <p style="text-align: center;">Address: 185 State Road 36, Suite B-1 West Long Branch, NJ 07764</p> <p style="text-align: center;">Email: info@monmouthresourcenet.org</p> |
| <p style="text-align: center;"><u>Long Branch Concordance</u></p> <p>The Long Branch Concordance and its Family Success Center provides services relevant to and focused on family sustainability and economic self-sufficiency as carried out through our mission: finding resources for people in need, fostering individual and family development and creating partnerships for community well-being.</p> | <p style="text-align: center;">Phone #: (732) 571-1670</p> <p style="text-align: center;">Address: 300 Broadway, Long Branch, NJ 07740</p> <p style="text-align: center;">Office/Phone Hours: Mon-Fri: 9:30-5</p> |

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| <p><u>Ocean Township Human Services</u> The Department of Human Services of the Township of Ocean, comprising the Community Services Office, the Recreation Office, and the non-profit school-aged childcare program, Project Extend, provides integrated and comprehensive services that promote the welfare of the community, the positive development of youth, and the strengthening of families.</p> | <p>Phone #: 732-531-2600 601 Deal Road, Ocean Township, NJ, 07712</p> |
| <p><u>NJ Children’s System of Care</u> PerformCare is a full-service behavioral health managed care company, supporting members in the public and private sectors. We are committed to providing superior, innovative solutions in behavioral health, developmental and intellectual disabilities, human services, and integrated health programs</p> | <p>Phone #: 1(877) 652-7624 WEBSITE: Performcarenj.org 300 Horizon Drive Suite 306, Robbinsville, NJ 08691-1919</p> |
| <p><u>Prevention First</u> Prevention bullying, violence and substance abuse through life skills education to improve the lives of children and families in Monmouth and Ocean counties</p> | <p>Phone #: (732) 663-1800 ex. 2180 Website: www.preferredbehavioral.org</p> |
| <p><u>Anti-Bullying Network</u></p> | <p>WEBSITE</p> |

WEBSITES FOR FAMILIES

| Information | Area Served/ Phone #/ Address |
|--|---|
| <u>New Jersey Department of Education</u> <u>Monmouth County Office</u> | Phone #: (732) 431-7810 Monmouth County Office of Education Address: 4000 Kozloski Road Freehold, NJ 07728 Dr. Lester Richens, Interim Executive County Superintendent Fax: (732)776-7237 |

TRAUMATIC LOSS/SCHOOL VIOLENCE/TERRORISM

| Information | Area Served/ Phone #/ Address |
|---|---|
| <p><u>Monmouth County Traumatic Loss Coalition</u> Traumatic Loss Coalition (TLC) for Monmouth County (a network of professionals representing schools, social agencies, police, clergy, crisis services, etc.) can support and guide your staff through critical events and postvention based on successful experience resolving similar circumstances.</p> | <p>Heather Soto : 732-956-7782</p> <p>hsoto@cymca.org</p> |
| <p><u>Traumatic Loss Coalitions for Youth</u> The Traumatic Loss Coalitions for Youth Program (TLC) at RUTGERS-University Behavioral Health Care is New Jersey's primary youth suicide prevention program funded by the Department of Children & Families, Division of Children's System of Care.</p> | <p>Phone #: (732) 235-2810 ubhc.rutgers.edu 151 centennial ave piscataway NJ 08854</p> |
| <p><u>Disaster Response Crisis Counselors</u> Monmouth County Division of Mental Health. Traumatic loss consultation services can be initiated here during normal business hours. Services include intervention in traumatic losses, professional education through seminars, inservice education programs for professionals and community groups, and bibliographic materials.</p> <p>Monmouth County Psychiatric Screening Service. 24 Hours a day, seven days a week, professional staff are available for phone consultation and, where indicated, in person services to bring stability and direction to traumatic events.</p> | <p>Monmouth County Division of Mental Health</p> <p>Phone #: (732) 431-7200</p> <p>Monmouth County Psychiatric Screening Service Phone #: (732) 923-6999</p> |

DOMESTIC VIOLENCE

| Information | Area Served/ Phone #/ Address |
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| <p style="text-align: center;">180 Turning Lives Around</p> <p>180, Turning Lives Around, is a private, non-profit organization dedicated to ending domestic and sexual violence in our community.</p> | <p>Domestic Violence Hotline: 1(888) 843-9262 Sexual Violence Hotline: 1(888)-264-7273 Phone #: (732) 264-4111 <u>WEBSITE:</u> 180nj.org</p> |
| <p style="text-align: center;">Domestic Violence 24-Hour Hotline</p> <p>If you are currently in an abusive relationship and fear for your safety call our Hotline at 1-888-843-9262 so that we can help you develop a Safety Plan</p> | <p style="text-align: center;">Phone #: (888) 843-9262</p> |
| <p style="text-align: center;">G.E.M. Counseling</p> <p>G.E.M. Counseling is a professional outpatient counseling practice that specializes in improving and rebuilding relationships with self and others.</p> | <p><u>Address:</u> 1715 NJ-35, Middletown, NJ 07748 <u>Phone:</u> (732) 671-6222 Fax: 732-671-8383</p> |

PREVENTION

| Information | Area Served/ Phone #/ Address |
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| <p style="text-align: center;"><u>Parents Anonymous</u></p> <p>We continue to Keep our Promise to maintain evidence-based, culturally responsive, and innovative programs, strategies and initiatives for the millions of fearless parents, children, and youth who successfully change their lives forever through Parents Anonymous</p> | <p style="text-align: center;">24 Hour Stress Hotline: 1(800) THE-KIDS (1-800-843-5437)</p> <p style="text-align: center;"><u>WEBSITE</u></p> |
| <p><u>Department of Child Protection & Permanency</u></p> <p>Child Protection and Permanency, CP&P (formerly the Division of Youth and Family Services, DYFS), is New Jersey's child protection and child welfare agency within the Department of Children and Families. Its mission is to ensure the safety, permanency and well-being of children and to support families</p> | <p style="text-align: center;">Phone #: 1(877) NJABUSE</p> |
| <p><u>Long Branch Concordance Family Success Center</u></p> <p>The Long Branch Concordance and its Family Success Center provides services relevant to and focused on family sustainability and economic self-sufficiency as carried out through our mission: finding resources for people in need, fostering individual and family development and creating partnerships for community well-being.</p> | <p style="text-align: center;">Phone #: (732) 571-1670</p> <p>Address: 279 Broadway Ste 301 Long Branch, NJ 07740-6949</p> |

SEXUAL ASSAULT/RAPE INTERVENTIONS

| Information | Area Served/ Phone #/ Address |
|--|---|
| <p style="text-align: center;">180 Turning Lives Around</p> <p>180, Turning Lives Around, is a private, non-profit organization dedicated to ending domestic and sexual violence in our community.</p> | <p style="text-align: center;">Domestic Violence Hotline 1(888) 843-9262</p> <p style="text-align: center;">Sexual Violence Hotline 1(888)-264-7273 (732) 264-4111</p> <p style="text-align: center;">Website: 180nj.org</p> |
| <p style="text-align: center;">NJ Coalition Against Sexual Assault</p> <p>The mission of the New Jersey Coalition Against Sexual Assault (NJCASA) is to promote the compassionate and just treatment of survivors and their loved ones; foster collaborative relationships between community systems; and affect attitudinal and behavioral changes in society as we work toward the elimination of sexual violence against all people.</p> | <p style="text-align: center;"><u>WEBSITE</u></p> <p style="text-align: center;">Office: 609-631-4450 24 hour state hotline: 800-601-7200</p> <p style="text-align: center;">Email: <u>info@njcasa.org</u></p> |
| <p style="text-align: center;">National Sexual Assault Hotline</p> <p>RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization Free. Confidential. 24/7.</p> | <p style="text-align: center;"><u>WEBSITE</u>: www.rainn.org</p> <p style="text-align: center;">Phone #: 800-656-4673</p> |

LGBTQ RESOURCES

| Information | Area Served/ Phone #/ Address |
|---|--|
| <p style="background-color: #00FF00; color: #000000; padding: 2px;">NJ Gay, Lesbian, Straight Education Network</p> <p>At GLSEN, we want every student, in every school, to be valued and treated with respect, regardless of their sexual orientation, gender identity or gender expression. We believe that all students deserve a safe and affirming school environment where they can learn and grow.</p> | <p>Phone #: 212-727-0135</p> <p>WEBSITE</p> <p>https://www.glsen.org/chapter/central-new-jersey</p> |
| <p style="background-color: #00FF00; color: #000000; padding: 2px;">Red Bank Regional High School – Gay Straight Alliance</p> <p>Individual, group, family counseling, substance abuse counseling, conflict resolution, preventative and reproductive health care services, recreation events, job coaching, and employment counseling.</p> | <p>Phone #: (732) 842-8000</p> <p>Address: 101 Ridge Rd Little Silver, NJ 07739</p> <p>https://www.rbrhs.org/Page/689</p> <p>Advisor(s): Stacy Liss Email: SLiss@rbrhs.org</p> |
| <p style="background-color: #00FF00; color: #000000; padding: 2px;">Jersey Shore Q-Spot</p> <p>The mission of the Jersey Shore LGBT Community Center Project (aka QSpot) is to foster the health, well-being and pride of individuals, groups and families within New Jersey’s LGBT community by providing resources, referrals, public education, outreach services and general support to empower them to live their lives with dignity and freedom.</p> | <p>Phone #: (732) 455-3373</p> <p>WEBSITE</p> <p>https://qspot.org/</p> <p>Address: 66 S Main St, Ocean Grove, NJ 07756</p> |
| <p style="background-color: #00FF00; color: #000000; padding: 2px;">PFLAG (Parents, Friends & Families of Lesbians and Gay)</p> <p>Jersey Shore PFLAG is a community organization that provides support, education and advocacy for gay, lesbian, bisexual and transgender (LGBT) individuals and their family and friends in Monmouth and Ocean counties in New Jersey</p> | <p>(908) 814-2155 jspflag@gmail.com</p> <p>WEBSITE</p> <p>https://pflagjerseyshore.org/</p> <p>Click here to sign up for meeting notifications https://lp.constantcontactpages.com/su/y0tu9mK/PFLAGJS</p> |

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| | <p align="center">PFLAG Jersey Shore Chapter P.O. Box 677 Howell, NJ 07731</p> |
| <p align="center">Gay, Lesbian, Bisexual and Transgender National Hotline</p> <p>The Lesbian, Gay, Bisexual and Transgender (LGBT) National Hotline provides telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States.</p> <p>All of our services are free and confidential.</p> | <p align="center">Phone #: 1-888-843-4564</p> <p align="center">Email: help@GLBTHotline.org</p> <p align="center">WEBSITE</p> <p align="center">https://www.glbthotline.org/hotline.html</p> |
| <p align="center">LYRIC Youth Talk Line</p> <p>We speak with teens and young adults up to age 25 about coming-out issues, relationship concerns, parent issues, school problems, HIV/AIDS anxiety and safer-sex information, and lots more!</p> | <p align="center">Phone #: (1-800-246-7743)</p> <p align="center">WEBSITE</p> <p align="center">Email: help@LGBTHotline.org</p> <p align="center">Mondays to Fridays from 1 pm – 9 pm pacific (Monday to Friday from 4 pm – midnight, eastern) Saturday from 9 am – 2 pm pacific (Saturday from noon – 5 pm eastern)</p> |
| <p align="center">Peer Listening Line for LGBT Youth</p> <p>Fenway Health’s Peer Listening Line is an anonymous and confidential phone line that offers gay, lesbian, bisexual and transgender youths a “safe place” to call for information, referrals, and support. In addition to issues like coming out, HIV/AIDS, safer sex and relationships, our trained volunteers also address topics such as locating GLBT groups and services in their local area.</p> | <p align="center">Peer Listening Line (25 & Under) 617.267.2535</p> <p align="center">Toll-Free 800.399.1337</p> <p align="center">Hour of Operation Monday – Saturday (5:00 – 10:00 pm)</p> |

SUBSTANCE ABUSE

| Information | Area Served/ Phone #/ Address |
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| <p style="text-align: center;">Addiction Hotline of NJ</p> <p>Provides trained clinically supervised telephone specialists who are available 24 hours a day, 7 days a week to educate, assist, interview and/or refer individuals and families battling addictions. Calls are free and information shared is confidential.</p> | <p>Phone #: 1(800) 238-2333</p> |
| <p style="text-align: center;">YMCA Counseling</p> <p>Our team of caring and certified Y professionals are licensed to serve as counselors to youth and families, specializing in Social Work, Clinical Counseling, and Alcohol & Drug Counseling.</p> <p>Alternative Intensive Therapy Program for Adolescents (IOP) Art Therapy Program Behavioral Assistance Program Child Visitation Program Children's Program (YIPPEE) Employee Assistance Program Family Care Program Family Preservation Program Family Services Outpatient Program Family Support Program Foster Care Services Mentoring Program Parent Coaching Substance Abuse Services</p> | <p>Address: 166 Main St Matawan, NJ 07747-3104</p> <p>Phone #: (732) 290-9040</p> |
| <p style="text-align: center;">CPC Addiction Recovery Services</p> | <p>Phone #: (732) 842-2000 New Patient Appointments 800-250-9811</p> |

To provide behavioral health and education services that promotes wellness, recovery and productive lives

Aberdeen

Counseling Center

1088 Highway 34, Aberdeen

Tel: (732) 290-1700

Fax: (732) 290-0040

Operating Hours

Monday, Tuesday, Thursday: 8:00 AM to 8:00 PM

Wednesday & Friday: 8:00 AM to 5:00 PM

Helen Herrmann

Counseling Center

(Red Bank/ Middletown)

270 Highway 35, Red Bank

Tel: (732) 842-2000

Fax: (732) 224-0688

Operating Hours

Monday to Thursday: 8:00 AM to 9:00 PM

Friday: 8:00 AM to 5:00 PM

Saturday: 9:00 AM to 1:00 PM

Freehold Counseling Center

22 Court Street,

Freehold

(732) 780-7387

Operating Hours:

Monday -Thursday: 8:00 AM to 9:00 PM

Friday 8:00 AM to 5:00 PM

Howell

Counseling Center

4539 US Highway 9, Howell

Tel: (732) 987-8200

Fax: (732) 987-5964

Operating Hours

Monday to Thursday: 8:00 AM to 6:00 PM

Friday: 9:00 AM to 5:00 PM

[WEBSITE](#)

<https://www.cpcbehavioral.org/addiction-group-therapy>

Crossroads at Croydon Hall- Outpatient substance abuse services

Crossroads is a New Jersey Licensed Facility that provides alcohol and drug abuse services to all Middletown residents. Services include education, consultation, assessment, treatment, and referral assistance for anyone seeking help in their own or a loved one's struggle with addictive substances.

Phone #: (732) 615-2277

Address: 900 Leonardville Road,
Leonardo NJ 07737

Monmouth Co. Division of Mental Health & Addiction Services

Provides information and referral regarding the scope of mental health services available to county residents. Provides funding for the implementation and development of mental health programs and coordinates planning, monitoring and advocacy activities on behalf of persons with mental illness

Phone #: (732) 431-6451

Hours of Operation:
Monday-Friday 8:30 am-4:30 pm

3000 Kozloski Rd, Freehold, NJ 07728

New Hope Foundation

New Hope is dedicated to the treatment of adults and adolescents affected with alcohol, drug and gambling addiction

Information: (732) 946-3030

Toll Free Hotline
800-705-4673

2 Monmouth Ave #2, Freehold, NJ 07728

Riverview Med Center Behavioral Health

Addiction Recovery, Adolescent Intensive Outpatient Groups, Adult Partial Hospitalization, Children's Specialty Groups, Compulsive Gambling Counseling, Crisis Unit, Inpatient Psychiatric, Outpatient Mental Health Services, Transitional Medication Services & Medication Clinic

Phone #: (732) 345-3400

661 Shrewsbury Ave, Shrewsbury, NJ 07702

[WEBSITE](#)

<http://www.riverviewmedicalcenter.com/services/behavioral-health/>

PREVENTION

| Information | Area Served/ Phone #/ Address |
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| <p style="text-align: center; background-color: #00FF00; margin: 0;">CentraState Health Awareness Ctr</p> <p style="text-align: center;">For Student Health Awareness: -Workshops on dating violence, bullying, stress management, eating disorders, sports nutrition, aggression, and drug awareness - Adventure to Health</p> | <p>Phone #: (732) 308-0570</p> <p>WEBSITE: https://www.centrastate.com/locations/star-and-barry-tobias-health-awareness-center/</p> <p>Hours of Operation: MOnday - Friday 8:30am - 4:30pm Saturday - Sunday CLOSED *Call before attending as hours change*</p> <p>Address: 901 W Main St, Freehold, NJ 07728</p> |
| <p style="text-align: center; background-color: #00FF00; margin: 0;">Prevention First</p> <p style="text-align: center;">Preventing bullying, violence and substance abuse through life skills education to improve the lives of children and families in Monmouth and Ocean counties</p> | <p>Phone # (732) 663-1800 ext. 2180 1405 NJ-35, Ocean Township, NJ 07712</p> <p>Hours of Operation: Monday - Friday 9am- 5pm Saturday & Sunday: CLOSED</p> <p>http://www.monmouthresourcenet.org/search/prevention-first/</p> |

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| <p>Alliances to Prevent Alcoholism and Drug Abuse</p> <p>The Council administers the State's \$10 million Alliance to Prevent Alcoholism and Drug Abuse Program which is the largest network of community-based anti-drug coalitions in the nation with thousands of stakeholders serving on nearly 400 Alliances encompassing more than 530 municipalities throughout New Jersey</p> | <p>Phone #: 732-946-2820 Fax: 732-946-0116</p> <p>4 Crawfords Corner Road Holmdel, NJ 07733</p> <p style="text-align: center;"><u>WEBSITE</u></p> <p><u>http://www.holmdeltownship.com/169/Alliance-to-Prevent-Alcoholism-Drug-Abus</u></p> |

| <u>LATINO RESOURCES</u> | |
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| Information | Area Served/ Phone #/ Address |
| <p><u>Community Affairs and Resource Center of Monmouth</u></p> <p>Asbury Park: Helps Monmouth County youth 16 to 21, who are not currently in high school find employment, return to high school, further education and be workforce ready. Over the years CARC has intensified its efforts to improve local neighborhoods by delivering job training</p> | <p style="text-align: center;">Asbury Park (732) 774-3282</p> <p style="text-align: center;">913 Sewall Ave, Asbury Park, NJ 07712</p> <p style="text-align: center;">Hours of Operation: Monday - Friday 8:30am - 4:30pm Saturday & Sunday CLOSED</p> |

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| <p>placement opportunities, community advocacy, and community development activities Formerly "Hispanic Affairs & Resource Center" Must meet income requirement of 70% of lower living standard</p> | <p>Freehold Phone #: (732) 431-6977 Address: 12 Throckmorton Street Freehold, NJ 07728</p> <p>Hours of Operation Monday - Friday 8:30AM - 4:30PM</p> <p>Red Bank (732) 747-9000 Hours - Monday thru Friday - 8:30AM - 4:30PM</p> <p><u>WEBSITE</u> https://carcnj.org/</p> |
| <p><u>Mercy Center</u> Mercy Center provides hope, help and healing to people in the community through education, emergency and family services. Several of their groups run in both English and Spanish</p> | <p>Phone #: (732) 774-9397 Address: 1106 Main St, Asbury Park, NJ 07712</p> <p><u>WEBSITE:</u> https://www.mercycenternj.org/</p> |

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| <u>MULTI-FACETED SUPPORT ORGANIZATIONS</u> | |
| Information | Area Served/ Phone #/ Address |

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| <p>NJ Children's System of Care</p> <p>DCF's Children's System of Care (CSOC), formerly the Division of Child Behavioral Health Services, serves children and adolescents with emotional and behavioral health care challenges and their families; children with developmental and intellectual disabilities and their families; and, children with substance use challenges and their families. CSOC is committed to providing services based on the needs of the child and family in a family-centered, community-based environment.</p> | <p>Phone #: 1-877-652-7624</p> <p><u>WEBSITE:</u> <u>Dept of Children and Families</u> <u>WEBSITE:</u> <u>Perform Care NJ</u></p> |
| <p>ARC Monmouth Unit</p> <p>The Arc of Monmouth serves over 1,600 adults and children with intellectual and developmental disabilities each year at over 20 locations throughout Monmouth County with a wide variety of services and supports.</p> | <p><u>WEBSITE</u> <u>https://arcofmonmouth.org/</u></p> <p>Phone #: (732) 493-1919</p> <p>Address: 1158 Wayside Road Tinton Falls New Jersey 07712</p> <p>Hours of Operation: Monday - Friday 8:30am-4:30pm Saturday & Sunday - CLOSED</p> |
| <p>LADACIN Network</p> <p>Provides a continuum of care, including educational, therapeutic, social, residential and support services to infants, children, and adults with complex physical and developmental disabilities or delays.</p> | <p>Phone #: (732) 493-5900</p> <p>Address: 1701 Kneeley Blvd, Ocean Township, NJ 07712</p> <p><u>WEBSITE</u> <u>https://www.ladacin.org/</u></p> |
| <p>Easter Seals</p> <p>Easter Seals provides exceptional services, education, outreach and advocacy so that people with disabilities can live, learn, work and play in our communities.</p> | <p>Phone #: (732) 257-6662</p> <p>Address: 25 Kennedy Blvd #600, East Brunswick, NJ 0881</p> <p><u>WEBSITE</u> <u>https://www.easterseals.com/dfv/?gclid=Cj0KCQjwyZmEBhCpARIsALzmnIZDOU4azDGfZOzKbIoIW</u></p> |

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Hours of Operation:

Monday - Friday: 8am - 4:30 pm

EARLY INTERVENTION SERVICES/LEARNING DISABLED

Information

Area Served/ Phone #/ Address

Family Support Center of NJ

Phone #: 1(800) 372-6510

Address: 35 Beaverson Boulevard, Brick
Township, NJ 08723

[WEBSITE](#)

<https://www.nj.gov/dcf/families/support/>

Family Resource Associates

Phone#: (732) 747-5310

Address: 210 Newman Springs Rd E, Red Bank, NJ
07701

Hours of Operation:

Monday - Friday 8:30 am- 4:30pm
Saturday & Sunday- CLOSED

[WEBSITE](#)

<https://www.frainc.org/>

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| <p>Visiting Nurse Association</p> <p>Special Child Health Services/Early Intervention Monmouth County</p> | <p>Phone #: (800) 862-3330</p> <p>Address: 23 Main Street, Suite D1, Holmdel, NJ</p> <p>*OPEN 24 HOURS*</p> |
| <p>Autism Family Services of New Jersey</p> | <p>Phone #: 1(877) AFS-4477</p> <p>Address: 1 Aaa Dr #203, Trenton, NJ 08691</p> <p>WEBSITE</p> <p>https://autismfamilyservicesnj.org/</p> <p>RESOURCES FOR FAMILIES</p> |
| <p>COSAC The NJ Center for Outreach and Services for Autism</p> <p>COSAC is a non-profit agency providing information and advocacy, services, family and professional education and consultation.</p> | <p>Phone #: (800) 4 AUTISM</p> <p>Address: 1450 Parkside Avenue , Ewing , NJ</p> <p>WEBSITE</p> |
| <p>SEARCH Day Program (Autism)</p> <p>SEARCH Day Program is a private, non-profit twelve-month program for individuals with autism ages 3 through the lifespan.</p> | <p>Phone #: (732) 531-0454</p> <p>Email: info@searchdayprogram.com</p> <p>Address: 73 Wickapecko Dr. Ocean, NJ 07712</p> <p>Hours of Operation: Monday - Friday 8:45 am - 2:45 pm</p> <p>WEBSITE</p> <p>https://searchdayprogram.com/</p> |

YOUTH TRANSITIONAL HOUSING

| Information | Area Served/ Phone #/ Address |
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| <p style="text-align: center;"><u>Collier House</u> Women aged 18-21 who are homeless or exiting foster care system</p> | <p style="text-align: center;">Phone #: (732) 842-8337 Address: 180 Spring St, Red Bank, NJ 07701</p> <p style="text-align: center;">WEBSITE http://collieryouthservicesgh.ss8.sharpschool.com/</p> <p style="text-align: center;">GroupHome@collieryouthservices.org</p> |
| <p style="text-align: center;"><u>Perform Care</u> Mobile Response and Stabilization Services and Care Management Organization</p> | <p style="text-align: center;">Phone #: 1(877) 652-7624 Address: 300 Horizon Drive Suite 306 Trenton, NJ 08691-1919</p> <p style="text-align: center;"><u>Hours of Operation</u> 24 Hours a Day 7 Days a Week</p> <p style="text-align: center;">WEBSITE https://www.performcarenj.org/</p> |
| <p style="text-align: center;"><u>Family-Based Services Association of NJ</u> Family Based Services Association of New Jersey provides Peer Support to parents and caregivers of children and youth with Emotional, Behavioral, Mental, and Developmental Challenges. We Support, Educate and Advocate for each Monmouth County family seeking help to provide a loving, caring and safe environment for their family.</p> | <p style="text-align: center;">WEBSITE</p> <p style="text-align: center;">Phone #: (732) 542-4502 Address: 6 Industrial Way West, Suite D Eatontown, NJ 07724</p> <p style="text-align: center;">Hours of Operation: Monday - Friday 9am - 5pm</p> |

DOMESTIC VIOLENCE, CHILD ABUSE, & NEGLECT

| Information | Area Served/ Phone #/ Address |
|--|--|
| <p>Division of Child Protection and Permanency (DCP&P)</p> <p>Child Protection and Permanency is New Jersey's child protection and child welfare agency within the New Jersey Department of Children and Families. Its mission is to ensure the safety, permanency, and well-being of children and support families. CP&P is responsible for investigating allegations of child abuse and neglect and, if necessary, arranging for the child's protection and the family's treatment.</p> | <p style="text-align: center;">Child Abuse Hotline</p> <p style="text-align: center;">Phone #: 1(877) NJ ABUSE</p> <p style="text-align: center;"><i>Abuse Hotline (State Central Registry) receives reports of child abuse and neglect 24-hours a day, 7-days a week. Reports requiring a field response are forwarded to the CP&P Local Office who investigates.</i></p> <p style="text-align: center;">https://www.thehotline.org/</p> |
| <p style="text-align: center;">Meridian Behavioral Health</p> | <p style="text-align: center;">Phone #: (732) 345-3400</p> <p style="text-align: center;">Address: 661 Shrewsbury Ave #1, Shrewsbury, NJ 07702</p> <p style="text-align: center;">Hours of Operation Monday -Friday (8AM-5PM) Saturday & Sunday CLOSED</p> <p style="text-align: center;">WEBSITE http://www.riverviewmedicalcenter.com/services/behavioral-health/</p> |
| <p style="text-align: center;">YMCA Counseling</p> <p>Telehealth counseling is now available for mental health and substance abuse counseling to the community. CSS office locations remain open Mon-Fri, 9 a.m.-5 p.m. to host appointments and answer calls.</p> | <p style="text-align: center;">Phone #: (732) 290-9040</p> <p style="text-align: center;">Address: 166 Main Street Matawan, NJ 07747</p> <p style="text-align: center;">YMCA OF GREATER MONMOUTH COUNTY</p> |

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| <p>Alternative Intensive Therapy Program for Adolescents (IOP) Art Therapy Program Behavioral Assistance Program Child Visitation Program Children's Program (YIPPEE) Employee Assistance Program Family Care Program Family Preservation Program Family Services Outpatient Program Family Support Program Foster Care Services Mentoring Program Parent Coaching Substance Abuse Services</p> | |
| <p>Catholic Charities</p> <p>FAMILY GROWTH PROGRAM — Offers specialized treatment services for family violence, child abuse and neglect and for children and families under child protection supervision due to abuse or neglect</p> | <p>Address: 145 Maple Avenue, Red Bank, NJ 07701</p> <p>Phone #: (732) 747-9660</p> |