

# Community Resource Series

Provided by the Guidance Departments and Student Assistance Counselors  
of the Middletown Township High Schools

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## **CROSSROADS**

### **Middletown Township Office of Substance Abuse Services**

**Program Description:** a NJ Licensed Facility that provides confidential alcohol and drug abuse services **FREE OF CHARGE** to all Middletown Residents.

#### **Assessment & Referral**

- Three (3) session substance abuse assessment to determine problem severity and the appropriate treatment service recommended.
- Adolescent and Adult populations served.
- Instant Urine Drug Screens available on site.
- Evening and weekend appointments available upon request.

#### **Counseling Services**

- Individual
- Family
- Group (Adolescent, Men, Women and Parent)

All information provided in this newsletter was retrieved from program brochures, staff presentations and [www.middletownnj.org/215/Crossroads](http://www.middletownnj.org/215/Crossroads)

#### **Prevention Programs**

- K.I.D.S. Program (Kids Instructed on Dangerous Substance)
- G.L.A.D. Program (Grown-ups Learning about Drugs)
- Project Plus Program (Prevention Education program for all Township 5<sup>th</sup> Grade Students and Parents)

#### **12 Step Meeting Site**

- AA (Alcoholics Anonymous)
- NA (Narcotics Anonymous)
- Integrated (AA and NA Combined)

To schedule a confidential appointment call:

**(732) 615-2275**

Crossroads at Lincroft Annex  
730 Newman Springs Road  
Lincroft, NJ