

Community Resource Series

Provided by the Guidance Departments and Student Assistance Counselors
of the Middletown Township High Schools

Volume 2, Issue 6

April 2017

180 Turning Lives Around: Help and Shelter When You Need It

Mission Statement: 180 Turning Lives Around is a private non-profit organization dedicated to ending domestic and sexual violence in our community. At 180, we have served individuals and families who have been affected by domestic and sexual violence since 1976. Our caring staff provides immediate and long-term support in assisting clients with the trauma they have experienced, while supporting them in obtaining services and making decisions that will turn their lives around.

Support Available:

- Emergency safe house for victims of domestic and sexual violence
- Individual and group counseling
- Services for families in transition
- Assistance acting as a court liaison
- LGBTQ advocacy and outreach programs
- Professional and community education programs about sexual violence, domestic abuse, and LGBTQ issues.

All information provided in this newsletter was retrieved from
www.180nj.org

2nd Floor Youth Helpline

Call or text: 888-222-2228

- 2NDFLOOR is a confidential and anonymous helpline for New Jersey's youth and young adults. We are here to help you find solutions to the problems that you face and we are available 24/7 – 365 days a year.
- For those who would rather type than talk, 2NDFLOOR has an anonymous online message board. The message board is a place where you can talk about whatever is on your mind—stuff like problems at home or school, issues with friends, and even topics like stress, anxiety, sexuality, drugs, violence or abuse—basically, whatever is on your mind. If you have an emergency, call your local police or 911.

2nd Floor also has a wealth of readings and resources covering topics such as:

- Mental Health
- Suicide Prevention
- Cyber-bullying
- Domestic Violence
- Sex and sexuality

180 TURNING LIVES AROUND

IS LOCATED AT:

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