

Community Resource Series

Provided by the Guidance Departments and Student Assistance Counselors
of the Middletown Township High Schools

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Narcotics Anonymous

What is it?

NA “is an international, community-based association of recovering drug addicts with over 61,000 weekly meetings in over 131 countries worldwide.”

NA “is a nonprofit Fellowship or society of men and women for whom drugs have become a major problem. We are recovering addicts who meet regularly to help each other stay clean.”

How does it work?

- There is only one requirement of membership: that the member desires to stop using. This is a program of complete abstinence from all drugs.
- Members are encouraged to keep an open mind and give themselves a break. The program is a set of principles written so simply that they can be followed in daily life. The most important thing about these principles is that they work.
- NA is not affiliated with any other organization. There are no initiation or membership fees, no pledges to sign, no promises to make to anyone. They are not connected with any political, religious or law enforcement groups.
- “NA says the most important person at any meeting is the newcomer, because we can only keep what we have by giving it away.”

Where and when?

- Thursdays at 7pm at the United Methodist Church on Broad Street in Red Bank
- Sundays at 8pm at Riverview Medical Center in Red Bank
- Tuesdays at 8pm at Christ Episcopal Church on Kings Hwy in Middletown
- Saturdays at 7:30pm at King of Kings Church on Harmony Road in Middletown
- Meeting Finder Feature:
<http://www.nanj.org/contact.shtml>
- NJ Meetings and Information Contact Number:
732-933-0462
- NJ Helpline Contact Number:
800-992-0401



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All information provided in this newsletter was retrieved
from www.na.org.