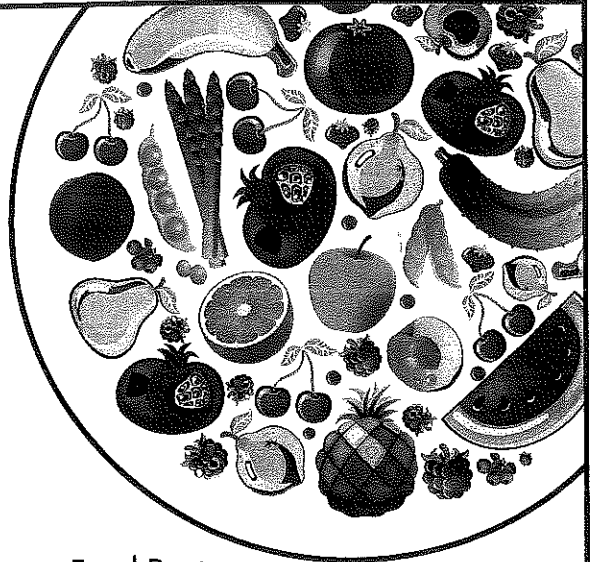


LUNCH BREAK FOOD STOCK 2014

May 17, 2014 / 11 a.m. – 2 p.m.
Red Bank Middle School, Harding Road, Red Bank

PLEASE HELP STOCK OUR SHELVES!



Lunch Break needs your help to stock the shelves in our Food Pantry with non-perishable foods for the lean months to come

OUR ONGOING NEEDS:

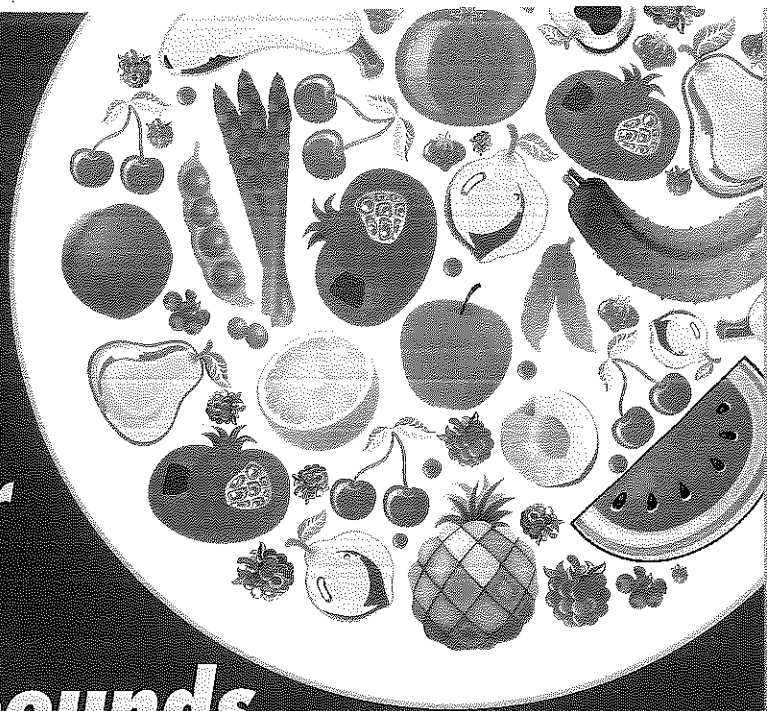
Applesauce, apple and orange juice
Beans (kidney beans, black beans)
Broth, canned beef stew, canned gravy
Canned low or no sugar fruits
Canned low sodium soups
Canned low or no sodium veggies
Canned tuna fish
Coffee, tea
Low sugar cereals
Macaroni and cheese
Mayonnaise, ketchup, mustard, vegetable cooking oil
Pasta, egg noodles - regular and whole wheat
Pancake mix, syrup
Peanut butter, jelly
Rice - white and brown
Salt, pepper, garlic powder, lemon pepper, basil, oregano, etc. (for soup kitchen)
Shelf stable milk
Small pouches of juices and small cans of fruit and vegetables (for the homebound)
Sugar, flour, jello

*Thank you for understanding we cannot accept expired foods

Please consider to make a monetary donation at www.lunchbreak.org/foodstock

If you have any questions, please feel free to contact:
Petra Vanderven at 732-747-8577, ext. 3106 or pvanderven@lunchbreak.org
or Susan Haugenes at shaugenes@lunchbreak.org

THANK YOU!



Help us reach our goal of 50,000 pounds \$1 = 1 lb.

Food Drop-off
Refreshments
Live Entertainment
Children's Activities

**FOODSTOCK LUNCHBREAK
HEALTHY EATING
LIVE WELL EAT YOUR COLORS**

COMMUNITY FOOD DRIVE

Saturday, May 17th, 11:00 am - 2:00 pm

Red Bank Middle School, 101 Harding Road

Stop by, enjoy the fun, and bring healthy, non-perishable foods to help stock the soup kitchen pantry shelves for the summer.

For information, contact Petra Vanderven at 732-747-8577 ext. 3106 or pvanderven@lunchbreak.org or Susan Haugenes at shaugenes@lunchbreak.org



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