



LEARN TO SAVE A LIFE

CPR For Expectant Parents & Caregivers or Families with Young Children

Are you expecting or have a young child at home? Do you care for your grandchildren and want to feel more comfortable when they are with you? Are you a babysitter and want to respond quickly in an emergency? If you answered **YES** to any one of these questions, we can help you become more comfortable caring for an infant or child in an emergency. In this course, you will learn how to respond to choking, breathing issues and non-responsive victims. After watching a video you will work hands-on with our caring instructor on how to stay calm and be ready to save a life. Participants will walk away feeling comfortable with the skills they learn.

Thursday, April 23 | 6 – 8 p.m.

A materials fee of \$6.00 will be charged for the required CPR Resuscitator Mask.

For more information, contact
732.497.3811 or amaresco@cymca.org.



THE COMMUNITY YMCA
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