

MIDDLETOWN TOWNSHIP PUBLIC SCHOOLS

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Mary Ellen Walker
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Devyn Orozco
Director of Staff Development and Special Projects

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Dear Parent/Guardian:

The following is an outline of the units covered this year in your child's Health Curriculum. The units are designed to provide students with the information, decision-making skills and attitudes that will encourage thoughtful and responsible behavior.

If you choose not to have your son/daughter participate in any portion of a unit, you must complete a "Request to be Excused" form which is available in the main office of the school. If you wish to discuss these units, please call your child's school for an appointment.

CURRICULUM UNITS – GRADE 8

- I. Personal Growth and Development
- II. Nutrition
- III. Medicines and Drugs
- IV. Emotional Health
- V. Social and Sexual Health
- VI. Community Health Services and Support
- VII. Preventing and Responding to Violence/Personal Safety
- VIII. Sexually Transmitted Infections and HIV/AIDS
- IX. Understanding and Preventing Diseases

Sincerely,



Devyn Orozco