

# MIDDLETOWN TOWNSHIP PUBLIC SCHOOLS

900 Nut Swamp Road, Middletown, NJ 07748

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William O. George III, Ed.D.  
*Superintendent of Schools*

Devyn Orozco  
*Director of Science, Health & Physical Education*

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September, 2019

Dear Parent/Guardian:

The Health and Family Life course is designed to assist students in developing the skills necessary to make healthy and responsible decisions and foster an understanding of how those decisions affect their overall health and wellness. Students will also review the changes that occur in the human body during adolescence and learn CPR lifesaving techniques and basic first aid.

The following is an outline of the units covered this year in your child's Health Curriculum, Grade 9 Health and Family Life:

I. First Aid	V. Sexually Transmitted Infections
II. Mental Health, Suicide Awareness and Prevention	VI. Abstinence and Contraception
III. Human Sexuality	VII. Alcohol and Drugs
IV. Puberty	

If you choose not to have your son/daughter participate in any portion of a unit, you must complete a "Request to be Excused" form which is available in the main school office.

Sincerely,



Devyn Orozco

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MIDDLETOWN TOWNSHIP PUBLIC SCHOOLS  
ACKNOWLEDGEMENT OF RECEIPT OF HEALTH CURRICULUM OUTLINE

Student \_\_\_\_\_

Parent \_\_\_\_\_

Date \_\_\_\_\_

**PLEASE RETURN TO THE STUDENTS' HEALTH TEACHER**