

# MIDDLETOWN TOWNSHIP PUBLIC SCHOOLS

63 Tindall Road, Middletown, NJ 07748

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Mary Ellen Walker  
*Superintendent of Schools*

Devyn Orozco  
*Director of Staff Development and Special Projects*

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September, 2021

Dear Parent/Guardian:

The 9th Grade Health and Family Life course is designed to assist students in developing the skills necessary to make healthy and responsible decisions and foster an understanding of how those decisions affect their overall health and wellness. Students will also review the changes that occur in the human body during adolescence and learn CPR lifesaving techniques and basic first aid.

The following is an outline of the units covered this year in your child's Health Curriculum, Grade 9 Health and Family Life:

- Unit # 1 – First Aid
- Unit # 2 – Human Sexuality
- Unit # 3 – Puberty
- Unit # 4 – Sexually Transmitted Infections
- Unit # 5 – Abstinence and Contraception
- Unit # 6 – Alcohol and Drugs

If you choose not to have your son/daughter participate in any portion of a unit, you must complete a "Request to be Excused" form which is available in the main school office.

Sincerely,



Devyn Orozco