

# MIDDLETOWN TOWNSHIP SCHOOL NURSE'S GUIDELINES

Your cooperation in helping us provide a safe and healthy school environment for your child is needed and appreciated. If your child manifests any of the following symptoms, please do not send him/her to school.

INFLUENZA: Children who have a combination of any flu like symptoms should be kept home 24 hours without any anti-fever medicine. These symptoms include fever, cough (deep croupy cough), sore throat, runny/stuffy nose, body aches, headache, chills, fatigue, diarrhea and/or vomiting.

FEVER: Temperature of over 100 degrees may be an indication of illness and the child will be sent home. Children who have fevers upon awakening in the morning or who may have had a fever during the night should not be sent to school. Children should be fever free for at least 24 hours without Tylenol, Advil or any other anti-fever medicine before being sent back to school. If sent home from school with fever, the 24-hour rule applies.

DIARRHEA: Children are not to come to school if they have diarrhea. The child's physician should be consulted if diarrhea persists. Should diarrhea occur in school, the parent will be notified and requested to pick up their child from school. The child should remain home until there are no further episodes of diarrhea for 24 hours.

VOMITING: Children are not to come to school if they are experiencing vomiting. Whenever a child has the combination of vomiting and diarrhea, a physician should be consulted. The child should remain home for 24 hours without diarrhea or vomiting before returning to school.

CONJUNCTIVITIS (Pink Eye): Sometimes whites of the eyes are red, eyelids are red and irritated, and sometimes the lids and lashes are crusted. This is a common, contagious condition that clears up easily with medication for 24 hours. Students can return to school if eyes have no redness or drainage.

RASH/SKIN LESIONS: If suspicious rash or lesion is present the child is to be excluded from school until a physician's note allows the student to return or rash/lesion disappears or heals.

IMPETIGO: Sores, some with crusts or scabs usually on the face around the nose and mouth. The contagious condition requires medication. The child must be cleared by a physician and will require a doctor's note upon return to school.

LICE: In the event the child has head lice, he/she will not be allowed back to school until examined by the school nurse.

RINGWORM: Ringworm of the scalp and/or body requires treatment by a physician and requires a doctor's note stating the child is under treatment and may return to school.

EAR/NOSE (PURULENT) DRAINAGE: If the discharge is thick, yellow, green, excessive or uncontrollable the child should remain home. The child will be readmitted to school after receiving clearance from the doctor.

STREPTOCOCCAL INFECTION: Caused by Group A-Beta Hemolytic-incubation period 1-3 days and communicability 10-21 days (untreated). Child can return to school after a minimum of 24 hours antibiotic therapy and physician's note.